

# Update 2015 Medical Emergencies



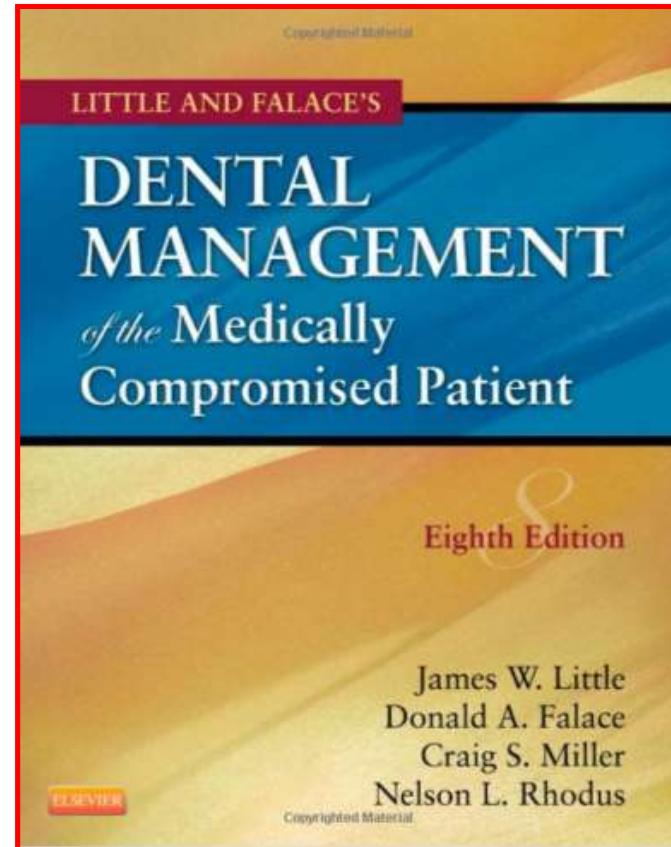
# Medical Emergencies

## Basic Principles

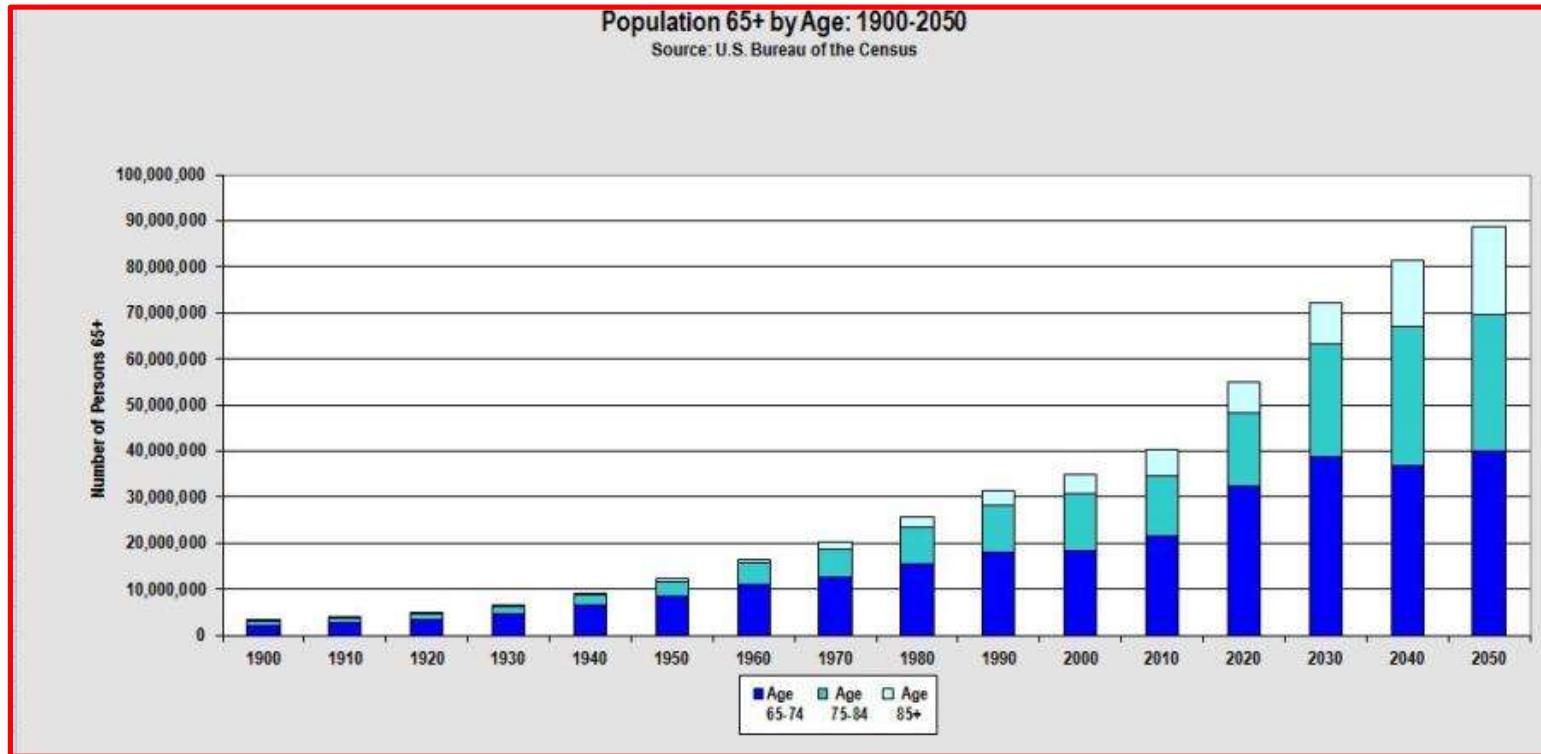


# Medically Complicated Patient

- ❖ Cardiac Disease
- ❖ Diabetes Mellitus
- ❖ Renal Dialysis
- ❖ Organ Transplants
- ❖ Immune Disorders
- ❖ Liver Failure
- ❖ Anticoagulated Pt

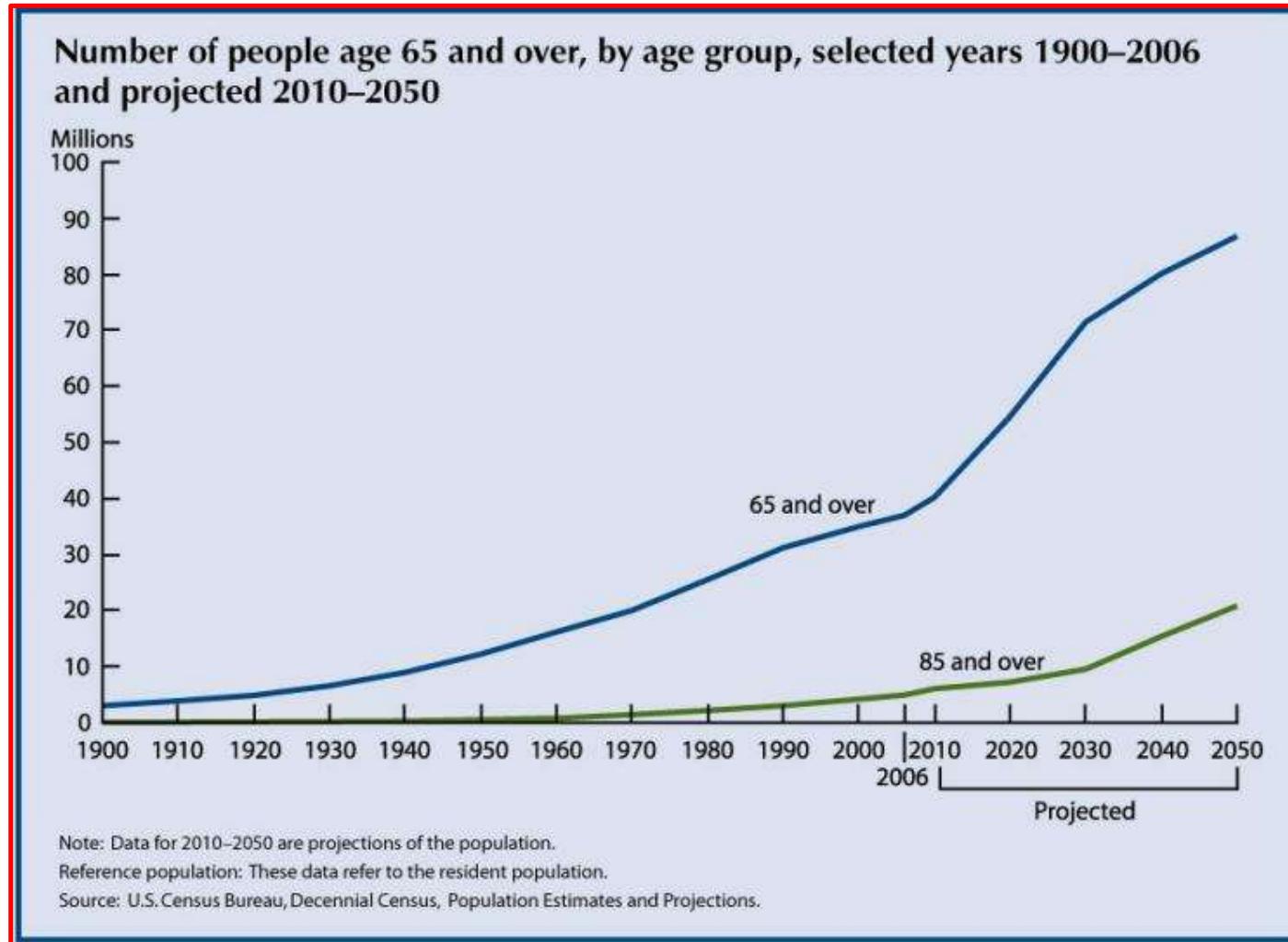


# Here comes the Baby Boomers



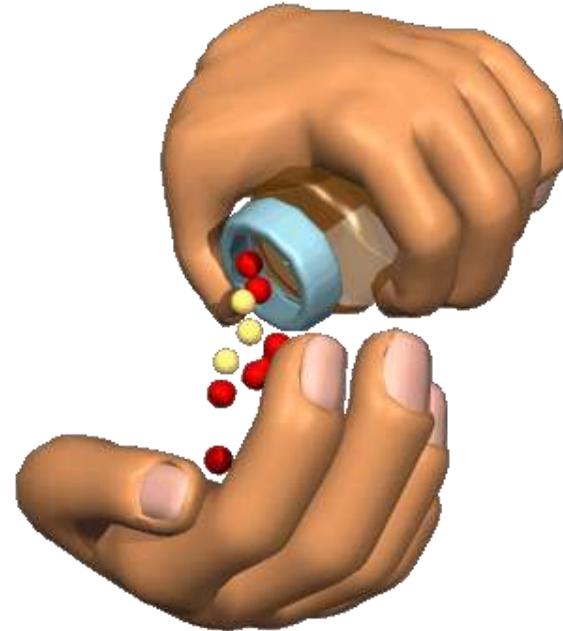
**2014 => 14.5% U.S. Population > 65y/o  
(with life expectancy of 19.3yr)**

# Here comes the Baby Boomers



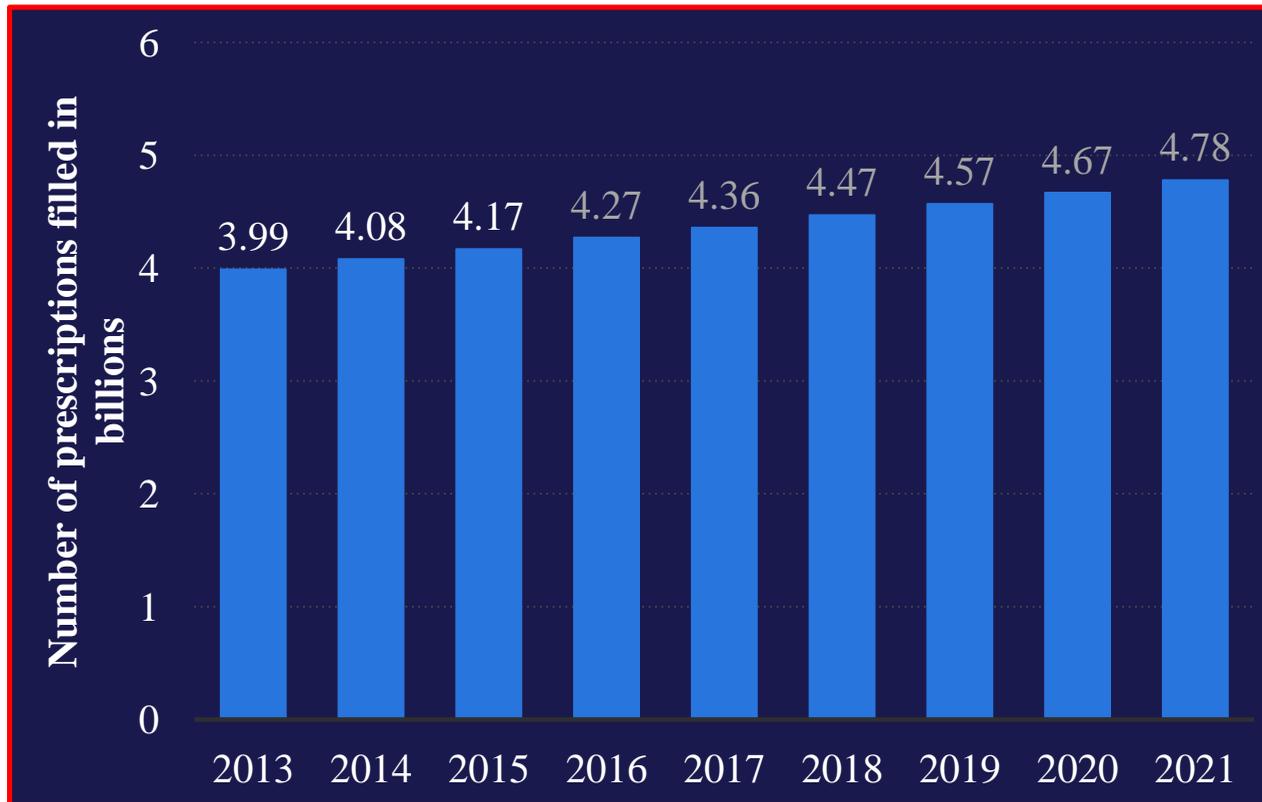
Steven W. Beadnell, DMD  
Gum Gardner's RDH Study Club  
September 28, 2015

# A Pill Cures All



# A Pill Cures All

Total number of retail prescriptions filled annually in the United States from 2013 to 2021 (in billions)\*



Source: Trefis.com

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September 28, 2015

# A Pill Cures All

Age	Per Capita Rx
0 – 18 yrs	4.1
19 – 64 yrs	12.6
> 65 yrs	27.9

# Medical Emergencies

What's happening ?

When's it happening ?

What's causing it to happen ?

# Medical Emergencies

**Private practice – 30,608 emergencies**

<b>Syncope</b>	<b>15,407(50.3%)</b>	<b>Cardiac Arrest</b>	<b>331(1.1%)</b>
<b>Mild allergy</b>	<b>2,583(8.4%)</b>	<b>Anaphylaxis</b>	<b>304(1.0%)</b>
<b>Angina Pectoris</b>	<b>2,552(8.3%)</b>	<b>Myocardial Infarction</b>	<b>289(0.9%)</b>
<b>Postural hypotension</b>	<b>2,475(8.1%)</b>	<b>L.A. Overdose</b>	<b>204(0.7%)</b>
<b>Seizure</b>	<b>1,595(5.2%)</b>	<b>Acute Pulm Edema</b>	<b>141(0.5%)</b>
<b>Asthmatic attack</b>	<b>1,392(4.5%)</b>	<b>Diabetic Coma</b>	<b>109(0.4%)</b>
<b>Hyperventilation</b>	<b>1,326(4.3%)</b>	<b>Stroke</b>	<b>68(0.2%)</b>
<b>Epinephrine Rxn</b>	<b>913(3.0%)</b>	<b>Adrenal Insufficiency</b>	<b>25(0.09%)</b>
<b>Insulin Shock</b>	<b>890(2.9%)</b>	<b>Thyroid Storm</b>	<b>4(0.01%)</b>

**Malamed, JADA 1993**

**Steven W. Beadnell, DMD  
Gum Gardner's RDH Study Club  
September 28, 2015**

## Medical Emergencies Update 2015

**TABLE 1-7** Medical emergencies occurring among British dentists in a 12-month period

Emergency situation	Percentage of dentists reporting emergency	Number of cases reported
Vasovagal syncope	63	596
Angina pectoris	12	53
Hypoglycemia	10	54
Epileptic fit (seizure, convulsion)	10	42
Choking	5	27
Asthma	5	20
Cardiac arrest	0.3	1

Data from Jevon P: Updated guidance on medical emergencies and resuscitation in the dental practice, *Br Dent J* 212:41–43, 2012.

# Medical Emergencies

## Stage of Treatment

Treatment Stage	Occurrence
Immediately before Tx	1.5%
During or after local	54.9%
During treatment	22.0%
After treatment	15.2%
After leaves office	5.5%

Malamed, JADA 1993

# Medical Emergencies

## Treatment being performed

<b>Treatment</b>	<b>Occurrence</b>
<b>Tooth extraction</b>	<b>38.9%</b>
<b>Pulp extirpation</b>	<b>26.9%</b>
<b>Unknown</b>	<b>12.3%</b>
<b>Other treatment</b>	<b>9.0%</b>
<b>Preparation</b>	<b>7.3%</b>
<b>Filling</b>	<b>2.3%</b>
<b>Incision</b>	<b>1.7%</b>

Malamed, JADA 1993

# **Medical Emergencies**

# **Prevention**

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September 28, 2015**

# Prevention

## ❖ Recognition of risk

**HEALTH HISTORY**

**To use patient:** Although oral surgery primarily deals with the area in and around your mouth, your mouth is part of your entire body. Health problems that you may have, or medications that you may be taking, could have an important relationship with the care that you will be receiving. Please give the answers to the following questions. Your answers are for our records only and will be considered confidential.

Answer for today's office visit?

1. Height \_\_\_\_\_ Weight \_\_\_\_\_ Are you in good health?  Yes  No

2. Have there been any changes in your general health in the past year?  Yes  No

3. Are you under the care of a physician?  Yes  No Date of last visit \_\_\_\_\_

**If so, for what are you being treated?**

4. Have you had any illness, operation or been hospitalized in the past five years?  Yes  No

**If so, describe:**

5. Do you have unhealed/ recurrently open or inflamed sores, growths or sore spots in or around your mouth?  Yes  No

**If so, describe where:**

6. Do you have a prosthetic joint / hip(s)?  Yes  No **If so, describe where:**

7. Have you had a heart valve replacement or valve(s) graft?  Yes  No

8. Have you, or a family member, had any unusual or serious reactions to general anesthesia?  Yes  No

9. Has a physician or dentist recommended that you take antibiotics prior to your dental treatment?  Yes  No

HAVE YOU HAD, OR DO YOU CURRENTLY HAVE: YES NO	NOTE:	HAVE YOU HAD, OR DO YOU CURRENTLY HAVE: YES NO	NOTE:
30. Pneumonia?		38. Stroke?	
31. Damaged heart valves / mitral valve prolapse?		39. Thyroid trouble?	
32. Heart murmur?		40. Diabetes?	
33. High blood pressure?		41. Low blood sugar?	
34. Low blood pressure?		42. Kidney trouble?	
35. Chest pain / angina?		43. High cholesterol?	
36. Heart trouble?		44. Are you on a diet?	
37. Irregular heart beat?		45. Swollen ankles / joints / joint disease?	
38. Cardiac pacemaker?		46. Osteoporosis / osteopenia?	
39. Heart surgery?		47. Osteoarthritis?	
20. Pharyngitis, tonsillitis, chronic cough?		48. Stomach ulcers / acid reflux?	
21. Asthma?		49. Compacted stomach?	
22. Hay fever / sinus problem?		50. Sexually transmitted disease?	
23. Snoring / sleep apnea?		51. Problems with immune system? Possibly from medication / surgery, etc.	
24. Difficult breathing / other lung trouble?		52. Dehydration?	
25. Tuberculosis?		53. A tumor or growth?	
26. Emphysema?		54. Cancer / radiation therapy / chemotherapy?	
27. Do you smoke? If yes, number of packs a day _____		55. Chronic fatigue / night sweats?	
28. Do you use chewing tobacco?		56. Are you on a diet?	
29. Blood transfusion?		57. A history of asthma attack?	
30. Blood clots, such as emboli?		58. A history of drug abuse?	
31. Bruise easily?		59. Contact lenses?	
32. Bleeding tendency / abnormal blood?		60. Eye disease / glaucoma?	
33. Hepatitis, jaundice, or liver disease?		61. Mental health problems (anxiety / depression)?	
34. Infectious mononucleosis?		62. An insensible dental appliance?	
35. Gallbladder trouble?		63. Pain or clicking of jaw when eating?	
36. Fainting spells?			
37. Convulsions / seizures?			

**WOMEN ONLY: (PLEASE FILL IN IF APPLICABLE)**

64. Is there a possibility of pregnancy?  Yes  No

65. Expected delivery date? \_\_\_\_\_

66. Are you nursing?  Yes  No

67. Are you taking birth control pills?  Yes  No

Note: Antibiotic such as penicillin may alter the effectiveness of oral-contraceptives. Consult your physician / pharmacist for additional regarding other methods of birth control.

ARE YOU NOW TAKING:	YES NO	NOTE:	ARE YOU ALLERGIC TO, OR HAS A REACTION TO: YES NO	NOTE:
72. Any kind of medication, drug, pills?			75. Local anesthetic numbing meds?	
73. Blood thinners (Coumadin, Plavix, Aspirin, Vitamin E, Ginkgo biloba, Aggrinon, Plavix, Plavix?)			80. Penicillin?	
74. Have you ever taken diet pills?			81. Other antibiotics?	
75. Any natural product, herbal supplement or herb extract (herb)?			82. Soft drugs?	
76. Are you taking or have you ever taken: birth control pills, or birth control pills such as Postinor, Planone, Actonel, 51-Zorane, Avana, or Baccin in the past 12 years?			83. Sedatives/antibiotics / other tranquilizers?	
77. Thyroid pills, steroid pills, anti-depressants, and/or tranquilizers on a regular basis? If so, please list:			84. Aspirin?	
78. Please list any medications you are currently taking: Medication _____ Dose(s) _____ Frequency _____			85. Anesthetics?	
			86. Calcium or other minerals?	
			87. Other medications?	
			88. Laxatives?	
			89. Soy?	
			90. Eggs / milk?	
			91. Shell fish?	
			92. Do you have any allergies (other)?	
			93. Please list any allergies other than drug allergies:	

Is there a family history of:  Cancer  Diabetes  Heart disease  Anesthesia problems

If you are taking surgery **today**, have you had anything to eat or drink in the last 8 hours?  Yes  No

Who is doing your home? \_\_\_\_\_

Is there any condition concerning your health that the Doctor should be told about?  Yes  No - If Yes, list condition \_\_\_\_\_

Do you wish to speak to the Dr. on a weekly basis?  Yes  No

I **certify** that I have read and I understand the questions asked. I acknowledge that my signature, or any other signature on this form, about the inquiries on both above have been answered to my satisfaction. I will not hold my doctor, or any other member of his / her staff, responsible for any errors or omissions that have made in the completion of this form.

Signature of patient (Patient or Guardian of Minor)  Reviewed by \_\_\_\_\_  Date \_\_\_\_\_

**FEES & PAYMENTS**

We make every effort to keep down the cost of your care. You can help by paying your completion of each visit. Other arrangements can be made with our office manager depending upon your financial resources. An estimate of the charge for any procedure or surgery you may require will be given to you upon request. If you have any dental and/or medical insurance we will be glad to fill out the proper forms, but please complete the identification information on the form.

Please remember that insurance is considered a method of reimbursing the patient for fees paid to the doctor and is not a substitute for payment. Some companies pay fees but deduct for certain procedures and others pay a percentage of the charge. **It is your responsibility to pay any deductible amount, co-insurance or any other balance not paid for by your insurance company.** You will be responsible for all infection costs, antibiotic fees, and lab costs.

Signature of patient (Patient or Guardian of Minor)  Date \_\_\_\_\_

This signature on file is my authorization for the release of information necessary to process my claim. I hereby authorize payment to this doctor (name of the benefit administrator) payable to me.

Signature of patient (Patient or Guardian of Minor)  Date \_\_\_\_\_

**AUTHORIZATION**

I authorize my surgeon and his / her designated staff, to perform an oral and maxillofacial examination, for the purpose of diagnosis and treatment planning. Furthermore, I authorize the taking of all X-rays required as a necessary part of the examination. In addition, if medically necessary, I authorize the release of any other medical information in the course of the examination and treatment to the other doctors and/or insurance carriers.

Signature of patient (Patient or Guardian of Minor)  Witness \_\_\_\_\_  Doctor \_\_\_\_\_  Date \_\_\_\_\_

I hereby acknowledge that a copy of this office's Notice of Privacy Practices has been made available to me. I have been given the opportunity to ask any questions I may have regarding this notice.

Signature of patient (Patient or Guardian of Minor)  Date \_\_\_\_\_

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# Medical History

- ❖ Past Medical History
- ❖ Review of Systems
- ❖ Current Medications
- ❖ Past Hospitalizations
- ❖ Medication Allergies

# Vital Signs

## BP & Pulse



Steven W. Beadnell, DMD  
Gum Gardner's RDH Study Club  
September 28, 2015

# Management of Blood Pressure

## Blood Pressure Classification for Adults

<b>Blood Pressure Classification</b>	<b>Systolic BP (mmHg)</b>	<b>Diastolic BP (mmHg)</b>
<b>Normal</b>	<b>&lt; 120</b>	<b>&lt; 80</b>
<b>Pre-Hypertension</b>	<b>120 – 139</b>	<b>80 – 89</b>
<b>HTN Stage I</b>	<b>140 – 159</b>	<b>90 – 99</b>
<b>HTN Stage II</b>	<b>&gt;160</b>	<b>&gt;100</b>
<b>HTN Stage III</b>	<b>&gt;180</b>	<b>&gt;110</b>

US Dept Health & Human Services, NIH, JNC7

# Management of Blood Pressure



**Is it safe  
to treat  
you  
today ?**

**BP = 198/96 – Should  
we treat the patient?**

# Management of Blood Pressure



## Medical Risk Factors (MRF)

- ❖ Prior Myocardial Infarction
- ❖ IHD – Angina
- ❖ High coronary disease risk
- ❖ Recurrent stroke prevention
- ❖ Diabetes
- ❖ Kidney disease

US Dept Health & Human Services, NIH, JNC7

# Management of Blood Pressure

<b>Dental Treatment and Blood Pressure</b>			
<b>SBP</b>	<b>DBP</b>	<b>MRF*</b>	<b>Dentist Guidelines</b>
<b>120-139</b>	<b>80-89</b>	<b>Yes/No</b>	<b>Routine Tx OK; Discuss HTN guidelines</b>
<b>140-159</b>	<b>90-99</b>	<b>Yes/No</b>	<b>Routine Tx OK; Refer for Med/Consult</b>
<b>160-179</b>	<b>100-109</b>	<b>No</b>	<b>Routine Tx OK; Refer for Med/Consult</b>
		<b>Yes</b>	<b>Urgent Tx OK; Refer for Med/Consult</b>
<b>180-209</b>	<b>110-119</b>	<b>No</b>	<b>No Tx w/o consult; Refer prompt M/Consult</b>
		<b>Yes</b>	<b>No dental Tx; Refer emergent Med/Consult</b>
<b>≥ 210</b>	<b>≥ 120</b>	<b>Yes/No</b>	<b>No dental Tx: Refer emergent Med/Consult</b>

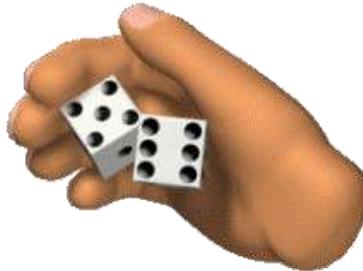
**\*MRF = Medical Risk Factors**

US Dept Health & Human Services, NIH, JNC7

# Prevention

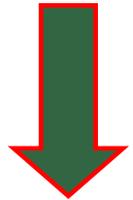
❖ Recognition of risk

❖ Assessment of risk

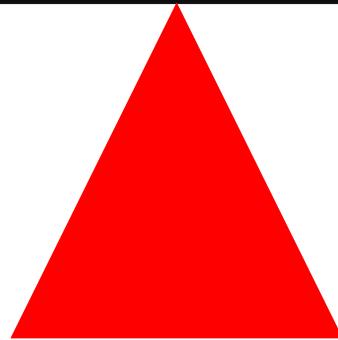


# Assessment of Risk

Increased  
risk



Decreased  
risk



- Medical Condition ?
  - Severity
  - Stability
  - Control
- Functional Capacity ?
- Emotional Status ?
- Dental Procedure ?
  - Invasiveness
  - Length of procedure
  - Blood loss
  - Vasoconstrictor use

# Prevention

**Stress is a common etiologic factor  
in emergency situations**



# Medical Consult

## The Quick Medical Consultation

- ❖ Fax note to MD office
- ❖ Ask for a “Problem List”
- ❖ Ask for a “Medication List”





# Medical Consult

## The Quick Medical Consultation

- ❖ Fax note to MD office
- ❖ Ask for a “Problem List”
- ❖ Ask for a “Medication List”
- ❖ Stability of medical conditions
- ❖ Modifications of dental Tx

# Functional Capacity

## Functional Capacity

Functional capacity of the patient, defined as the assessment of an individual's capacity to perform common daily tasks (Table 1), is an important determinant of whether the provision of oral health care services is safe. The ACC/ AHA guidelines stress that the patient should be able to perform daily tasks equal to at least four METs to be at a low risk for adverse cardiovascular events.<sup>3</sup> A MET is the amount of oxygen needed to perform a physical activity.

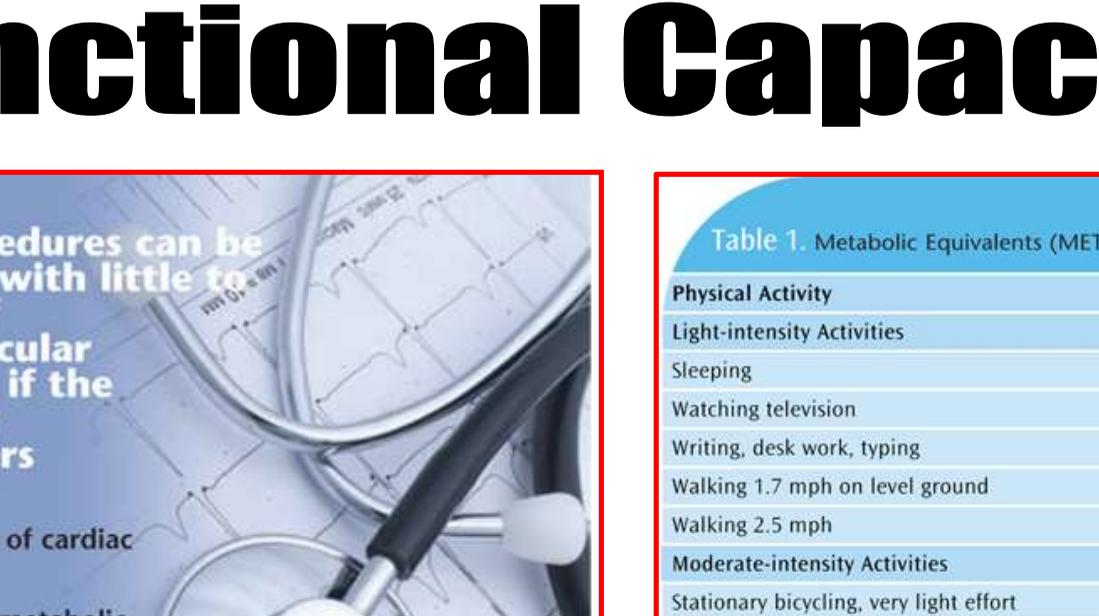
## Table 1. Functional Capacity Test<sup>3</sup>

Patients who can achieve four or more metabolic equivalents are considered at low risk during noncardiac procedures.

1. Can you walk two blocks without stopping?
2. Can you climb a flight of stairs without stopping?
3. Can you run a short distance?
4. Can you do heavy housework and move furniture?
5. Can you carry groceries from the car into the house?

*Dimensions of Dental Hygiene*. July 2011; 9(7): 58-61

# Functional Capacity



**Oral procedures can be provided with little to no risk of cardiovascular problems if the following parameters are met:**

- No evidence of cardiac symptoms.
- Meet a four metabolic equivalent-demand during daily activities.
- Systolic blood pressure reading of less than 180 mm Hg.
- Diastolic pressure less than 110 mm Hg.
- Normal pulse and rhythm.

*Dimensions of Dental Hygiene, July 2011*

**Table 1. Metabolic Equivalents (METs)<sup>5,6</sup>**

Physical Activity	MET
<b>Light-intensity Activities</b>	<b>&lt;3</b>
Sleeping	0.9
Watching television	1.0
Writing, desk work, typing	1.8
Walking 1.7 mph on level ground	2.3
Walking 2.5 mph	2.9
<b>Moderate-intensity Activities</b>	<b>3 to 6</b>
Stationary bicycling, very light effort	3.0
Walking 3.0 mph	3.3
Calisthenics, light or moderate effort	3.5
Walking 3.4 mph	3.6
Bicycling <10 mph	4.0
Stationary bicycling, light effort	5.5
<b>Vigorous-intensity Activities</b>	<b>&gt;6</b>
Jogging	7.0
Calisthenics (eg, push-ups, sit-ups, pull-ups, jumping jacks); heavy, vigorous effort	8.0
Running	8.0
Jumping rope	10.0

*Dimensions of Dental Hygiene, October 2011*

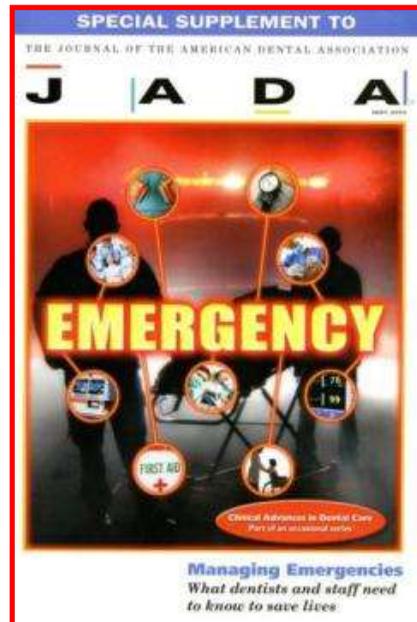
*Dimensions of Dental Hygiene. July 2011; 9(7): 58-61*

# **Medical Emergency**

# **Equipment**

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Gum Gardner's RDH Study Club  
September 28, 2015**

# Basic Emergency Equipment



## Suggested basic emergency equipment for the dental office.

- Portable oxygen cylinder (E size) with regulator
- Supplemental oxygen delivery devices
  - Nasal cannula
  - Nonrebreathing mask with oxygen reservoir
  - Nasal hood
- Bag-valve-mask device with oxygen reservoir
- Oropharyngeal airways (adult sizes 7, 8, 9 centimeters)
- Magill forceps
- Automated external defibrillator
- Stethoscope
- Sphygmomanometer with adult small, medium and large cuff sizes
- Wall clock with second hand

Preparing for medical emergencies, Rosenberg, M. , JADA 141:supp:15s-19s, 2010

# Basic Emergency Equipment

- ❖ O<sub>2</sub> delivery system
- ❖ Bag-valve mask
- ❖ Oxygen mask



# Basic Emergency Equipment

## ❖ MaGill intubation forceps



# Basic Emergency Equipment

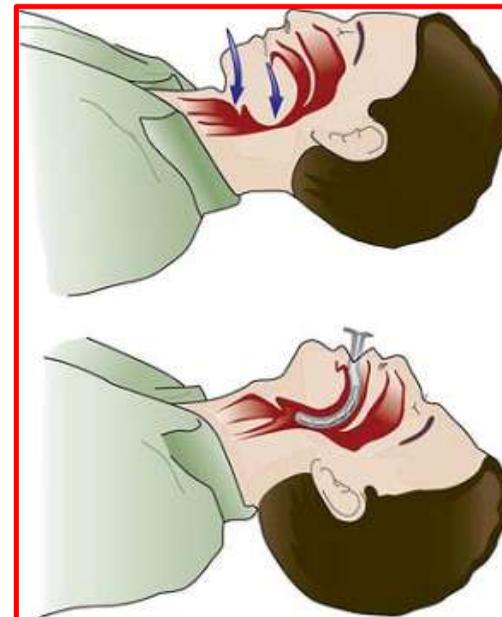
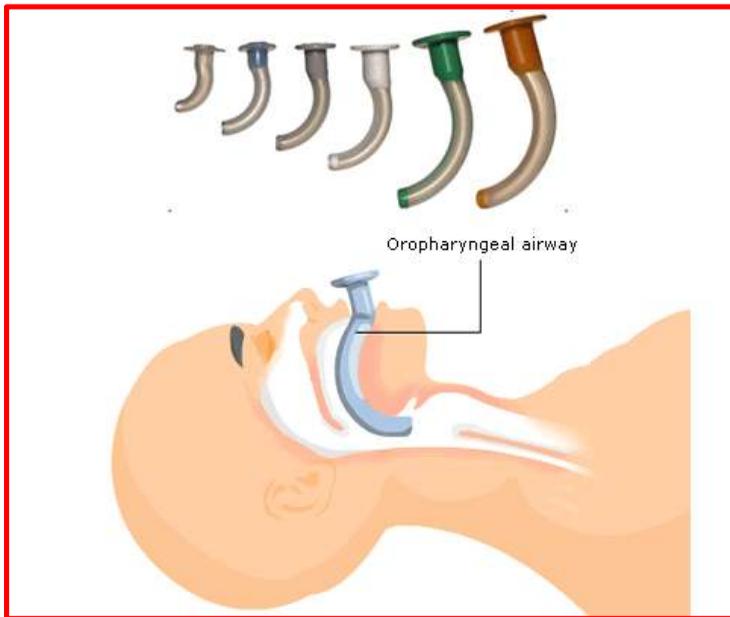
- ❖ Artificial airways
  - ❖ Oropharyngeal



# Basic Emergency Equipment

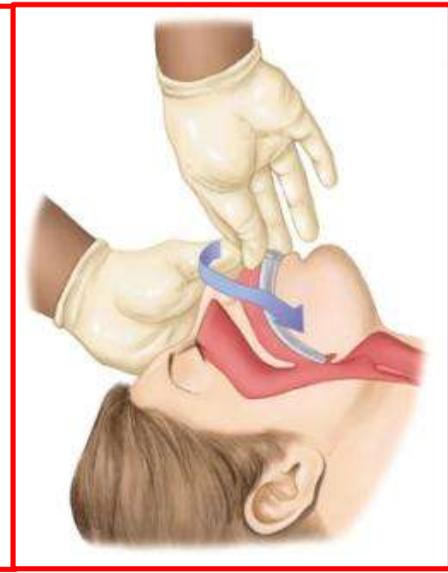
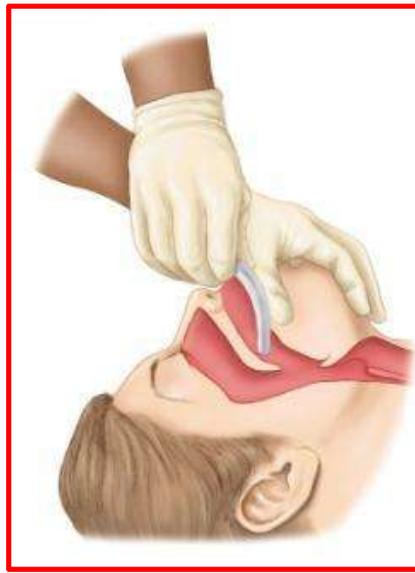
## ❖ Artificial airways

### ❖ Oropharyngeal



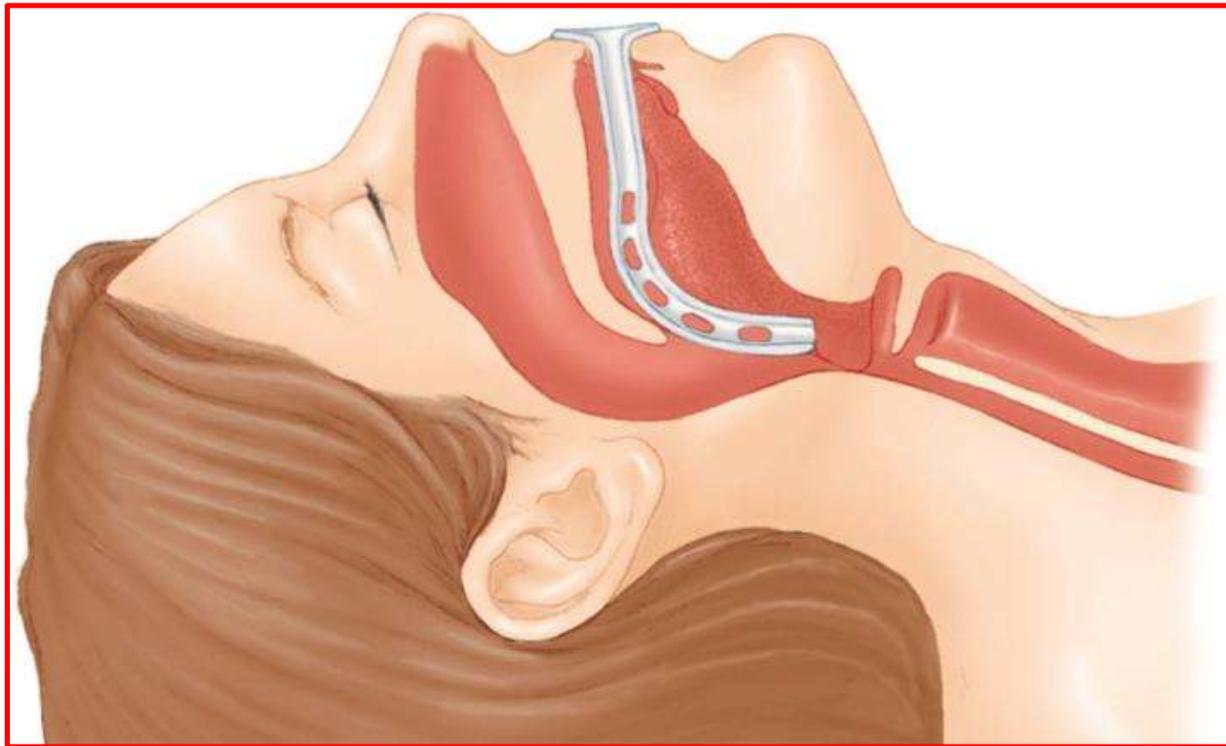
# Basic Emergency Equipment

- ❖ Artificial airways
  - ❖ Oropharyngeal



# Basic Emergency Equipment

- ❖ Artificial airways
  - ❖ Oropharyngeal



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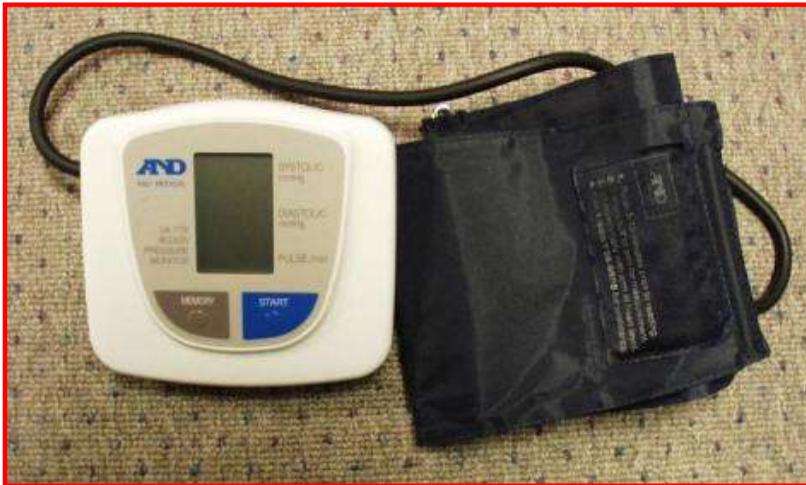
# Basic Emergency Equipment

- ❖ Artificial airways
  - ❖ Oropharyngeal



# Basic Emergency Equipment

## ❖ Blood Pressure Cuff + Stethoscope



# Basic Emergency Equipment

## ❖ Automated External Defibrillator (AED)



[www.AEDsuperstore.com](http://www.AEDsuperstore.com)

# Emergency Medical Services



# **Medical Emergency Drugs**

**Steven W. Beadnell, DMD  
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September 28, 2015**

# Basic Emergency Drugs

Suggested basic emergency drugs for the general dental office.			
INDICATION	DRUG	ACTION	ADMINISTRATION
<b>Bronchospasm (Severe Allergic Reaction)</b>	Epinephrine	$\alpha$ - and $\beta$ -adrenergic receptor agonist	Autoinjectors or preloaded syringes, ampules; 1:1,000 solution subcutaneously, intramuscularly or sublingually; adults, 0.3 milligram; children, 0.15 mg
<b>Mild Allergic Reaction</b>	Diphenhydramine	Histamine blocker	50 mg intramuscularly; 25 to 50 mg orally every three to four hours
<b>Angina</b>	Nitroglycerin	Vasodilator	Sublingual tablet: one every five minutes up to three doses; translingual spray: one spray every five minutes up to three times
<b>Bronchospasm (Mild Asthma)</b>	Bronchodilator such as albuterol	Selective $\beta_2$ - adrenergic receptor agonist	Two or three inhalations every one to two minutes, up to three times if needed
<b>Bronchospasm (Severe Asthma)</b>	Epinephrine	$\alpha$ - and $\beta$ -adrenergic receptor agonist (bronchodilator)	Autoinjectors or preloaded syringes, ampules; 1:1,000 solution subcutaneously, intramuscularly or sublingually; adults, 0.3 mg; children, 0.15 mg
<b>Hypoglycemia</b>	Glucose, as in orange juice	Antihypoglycemic	If the patient is conscious, ingest
<b>Myocardial Infarction</b>	Aspirin	Antiplatelet	One full-strength tablet (165-325 mg) chewed and swallowed
<b>Syncope</b>	Aromatic ammonia	Respiratory stimulant	Inhalant crushed and held four to six inches under nose

Preparing for medical emergencies, Rosenberg, M. , JADA 141:supp:15s-19s, 2010

# Primary Emergency Drugs - Gotta Have 'Em

<b>Category</b>	<b>Drug</b>	<b>Preparation</b>
<b>Anti-allergy</b>	<b>Epinephrine</b>	<b>1:1000 (EpiPen)</b>
<b>Histamine Blocker</b>	<b>Benadryl</b>	<b>50mg/ml</b>
<b>Vasodilator</b>	<b>Nitroglycerin</b>	<b>Spray (0.4mg/puff)</b>
<b>Bronchodilator</b>	<b>Albuterol</b>	<b>Inhaler</b>
<b>Anti-hypoglycemic</b>	<b>Insta-Glucose</b>	<b>Tube</b>
<b>Oxygen</b>	<b>Portable</b>	<b>100%</b>
<b>Antiplatelet</b>	<b>Aspirin (chewable)</b>	<b>81mg tablets</b>

# **Patient Assessment**

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September 28, 2015**

# Emergency Management

**P-C-A-B-D**



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September 28, 2015

# Emergency Management

**P**osition

**C**irculation

**A**irway

**B**reathing

**D**efinitive Treatment

**B**  
**L**  
**S**

## Medical Emergencies Update 2015

# AHA CPR 2010

Summary of Key BLS Components for Adults, Children, and Infants*			
Component	Recommendations		
	Adults	Children	Infants
Recognition	Unresponsive (for all ages)		
	No breathing or no normal breathing (ie, only gasping)	No breathing or only gasping	
	No pulse palpated within 10 seconds for all ages (HCP only)		
CPR sequence	C-A-B		
Compression rate	At least 100/min		
Compression depth	At least 2 inches (5 cm)	At least $\frac{1}{2}$ AP diameter About 2 inches (5 cm)	At least $\frac{1}{2}$ AP diameter About 1½ inches (4 cm)
Chest wall recoil	Allow complete recoil between compressions HCPs rotate compressors every 2 minutes		
Compression interruptions	Minimize interruptions in chest compressions Attempt to limit interruptions to <10 seconds		
Airway	Head tilt–chin lift (HCP suspected trauma: jaw thrust)		
Compression-to-ventilation ratio (until advanced airway placed)	30:2 1 or 2 rescuers	30:2 Single rescuer 15:2 2 HCP rescuers	
Ventilations: when rescuer untrained or trained and not proficient	Compressions only		
Ventilations with advanced airway (HCP)	1 breath every 6–8 seconds (8–10 breaths/min) Asynchronous with chest compressions About 1 second per breath Visible chest rise		
Defibrillation	Attach and use AED as soon as available. Minimize interruptions in chest compressions before and after shock; resume CPR beginning with compressions immediately after each shock.		

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 Gum Gardner's RDH Study Club  
 September 28, 2015

# Emergency Management

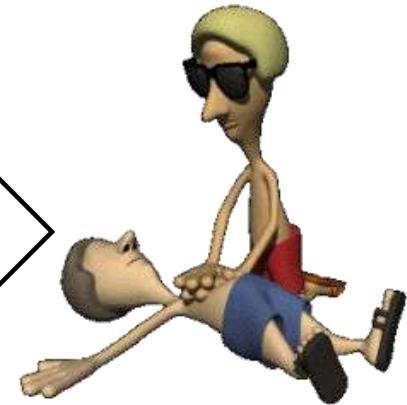
**P**osition

**C**irculation

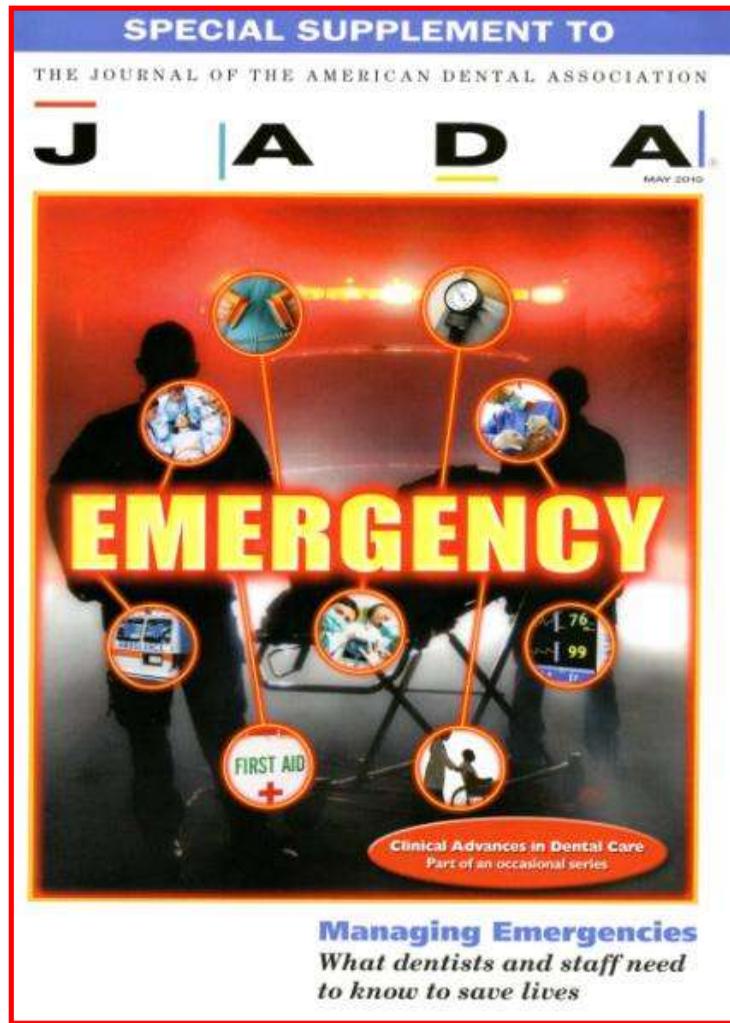
**A**irway

**B**reathing

**D**efinitive Diagnosis



# Medical Emergency Plan



## Emergency duties of a four-member dental team.\*

### TEAM MEMBER 1: LEADER

- Directs team members
- Positions the patient and stays with him or her
- Performs "ABCs"<sup>†</sup> of cardiopulmonary resuscitation (CPR)
- Takes command and appears calm
- States instructions directly and clearly
- Requests acknowledgment from team members that instructions are understood
- Fosters open exchange among team members
- Concentrates on what is right for the patient, not who is right<sup>‡</sup>

### TEAM MEMBER 2

- Brings emergency kit
- Brings oxygen tank and attaches appropriate delivery system
- Brings automated external defibrillator
- Assists with ABCs of CPR, including monitoring vital signs
- Checks oxygen tank regularly
- Checks emergency kit regularly
- Prepares drugs for administration

### TEAM MEMBER 3

- Telephones emergency medical services (9-1-1)
- Meets paramedics at building entrance
- Keeps chronological log of events
- Assists with ABCs of CPR

### TEAM MEMBER 4

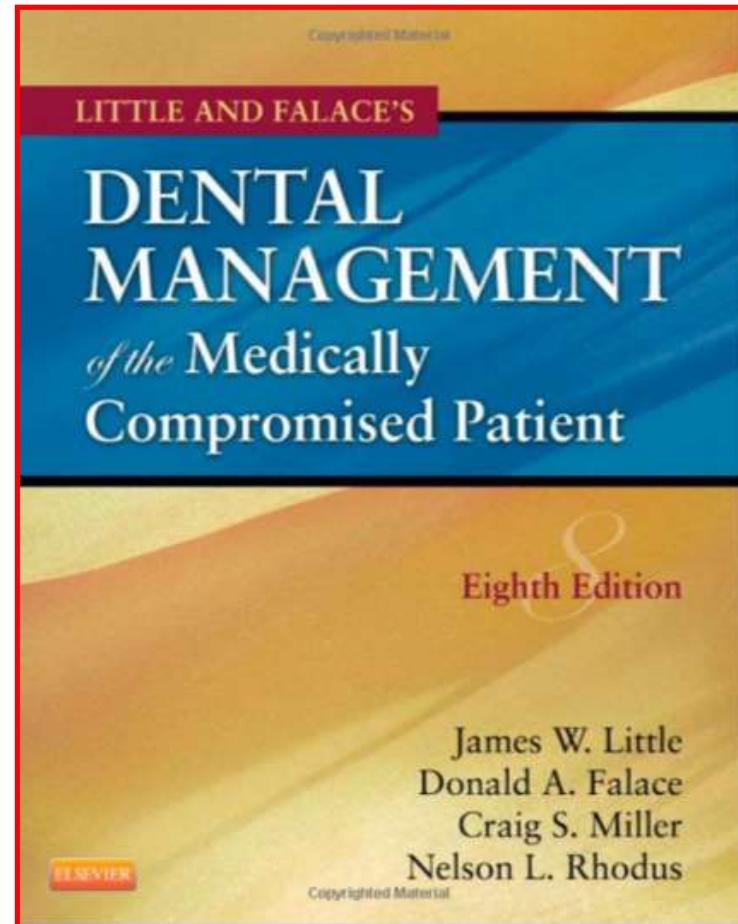
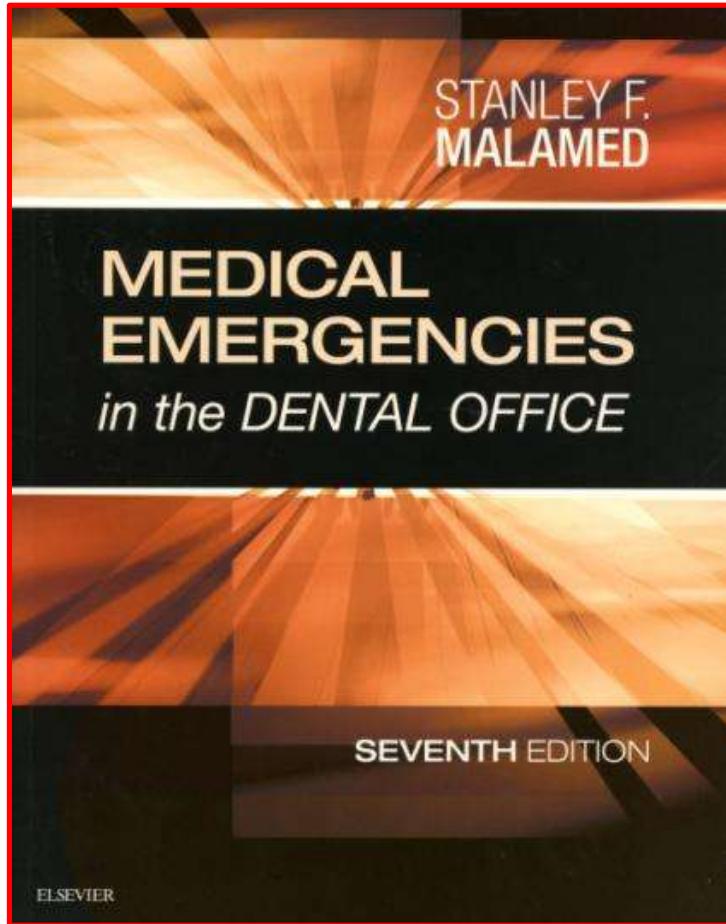
- Assists with ABCs of CPR
- Assists with other duties as needed

\* Source: Malamed.<sup>1</sup>

† ABC: Airway, breathing, circulation. Source: American Heart Association.<sup>4</sup>

‡ Source: Gaba and colleagues.<sup>3</sup>

# Reference Texts

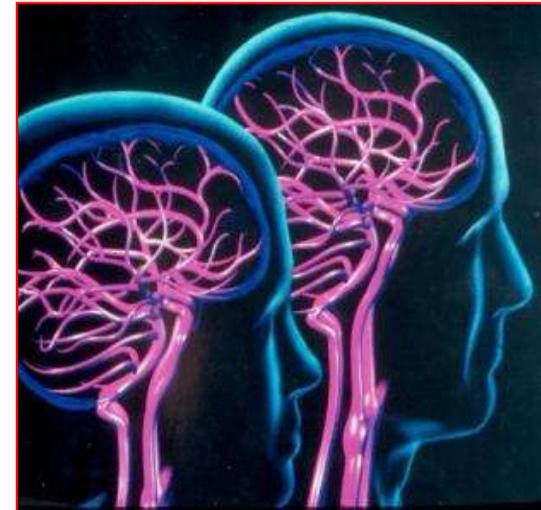


# **Medical Emergency**

# **Unconsciousness**

# Unconsciousness Mechanisms

- ❖ Inadequate blood flow to brain
- ❖ Inadequate oxygen to brain
- ❖ Metabolic deficiencies
- ❖ Disorders of nervous system
- ❖ Psychic mechanisms



# Unconsciousness in the Dental Chair

## Differential Diagnosis

- ❖ Vasodepressor syncope
- ❖ Drug administration or ingestion
- ❖ Orthostatic hypotension
- ❖ Seizure disorders
- ❖ Hypoglycemic reaction
- ❖ Cerebrovascular accident (CVA)

# Basic Unconsciousness Tx

Recognition of Unconsciousness



Position patient supine, feet elevated



Assess Circulation (Carotid pulse)

Artificial circulation if needed



Assess Breathing (Look, Listen, Feel)

Artificial ventilation if needed



Activate EMS if delayed recovery



Definitive management of cause



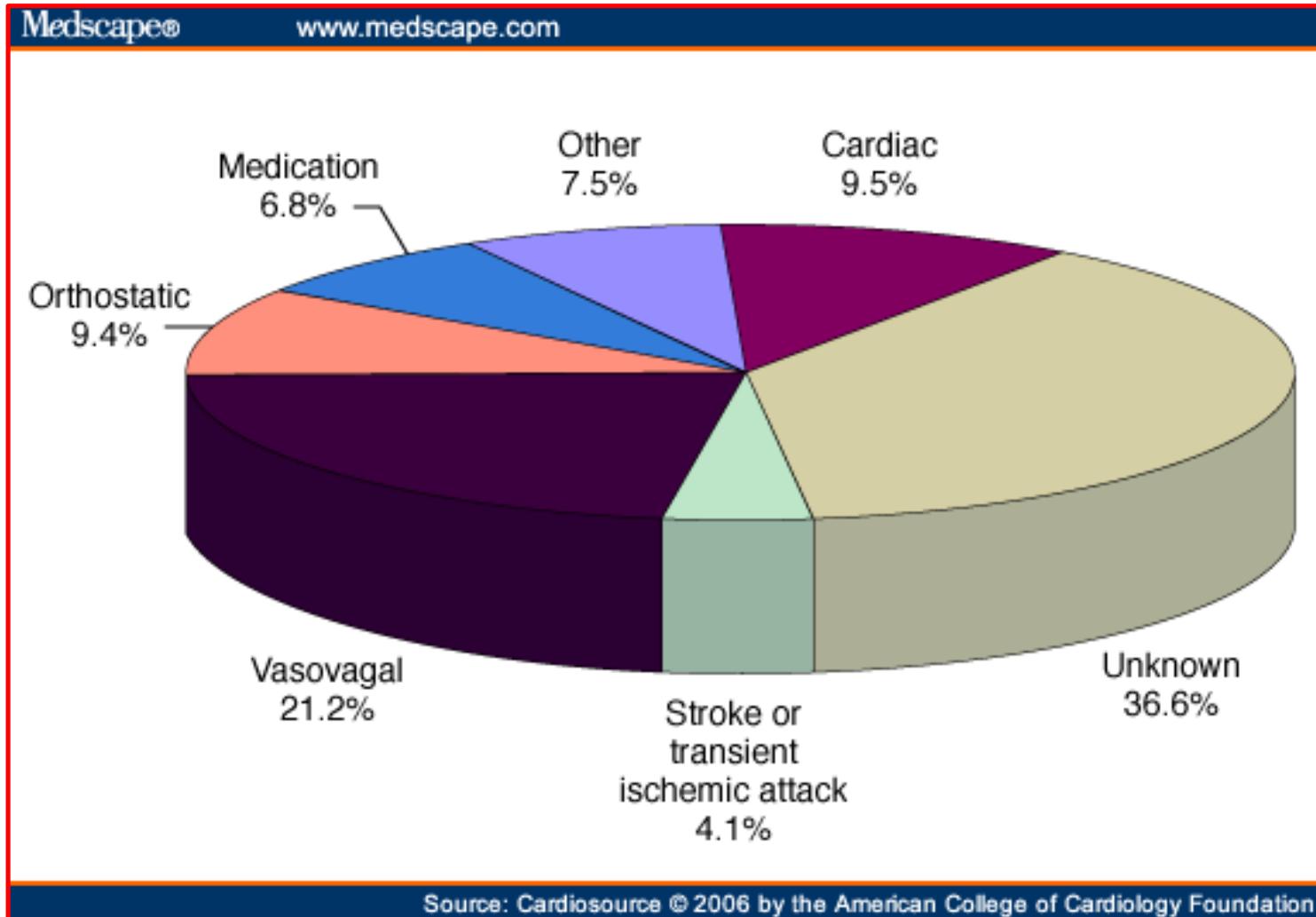
# Unconsciousness

# Vasodepressor Syncope



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# Syncopal - Etiology



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# Syncope - Etiology

## Reflex (neurally mediated) syncope

<b>Vasovagal</b> Mediated by orthostatic or emotional stress	<b>Situational</b> Cough, sneeze, gastro-intestinal, micturation, post-exercise, post-prandal, others (laugh, brass instrument playing, weightlifting)	<b>Carotis sinus syncope</b>	<b>Atypical forms</b> Without apparent triggers and/or atypical presentation
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## Syncope due to orthostatic hypotension

<b>Primary autonomic failure</b> Pure autonomic failure, Multiple system atrophy, Parkinson's disease with autonomic failure, Lewy body dementia	<b>Secondary autonomic failure</b> Diabetes, Amyloidosis, Uraemia, Spinal cord injuries	<b>Drug induced</b> Alcohol, vasodilators, diuretics, phenotiazines, antidepressants	<b>Volume depletion</b> Haemorrhage, diarrhoea, vomiting etc.
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## Cardiac syncope

Arrhythmias			Structural heart disease	
<b>Bradycardia</b> sinus node dysfunction, atrio-ventricular conduction system disease, implanted device malfunction	<b>Tachycardia</b> supraventricular, ventricular (idiopathic, secondary to structural heart disease or to channelopathies)	<b>Drug-induced</b>	<b>Cardiac</b> cardiac valvular disease (or prosthetic valve dysfunction), acute myocardial infarction/ ischemia, hypertrophic cardiomyopathy, cardiac masses, pericardial disease/ tamponade, congenital anomalies of coronary arteries	<b>Other</b> pulmonary embolus, acute aortic dissection, pulmonary hypertension

# Syncope - Predisposing Factors

## Psychogenic

- ❖ Fright
- ❖ Anxiety
- ❖ Emotional stress
- ❖ Unwelcome news
- ❖ Sight of blood

## Nonpsychogenic

- ❖ Upright position
- ❖ Hunger
- ❖ Exhaustion
- ❖ Male gender
- ❖ Age 16 – 35 yrs

# Fight or Flight Response

Pain or fear



Release of catecholamines (Adrenalin)



Blood pumped to peripheral muscles



Muscle activity – run or fight



Blood pumped back to heart



Normal cardiac output maintained



# Syncopal Reaction

**Pain or fear – Catecholamine release – Blood to muscles**



**No muscle activity - Blood pools in muscles**



**Compensatory => vasoconstriction, tachycardia**



**Mechanoreceptors => reflex bradycardia, vasodilation**

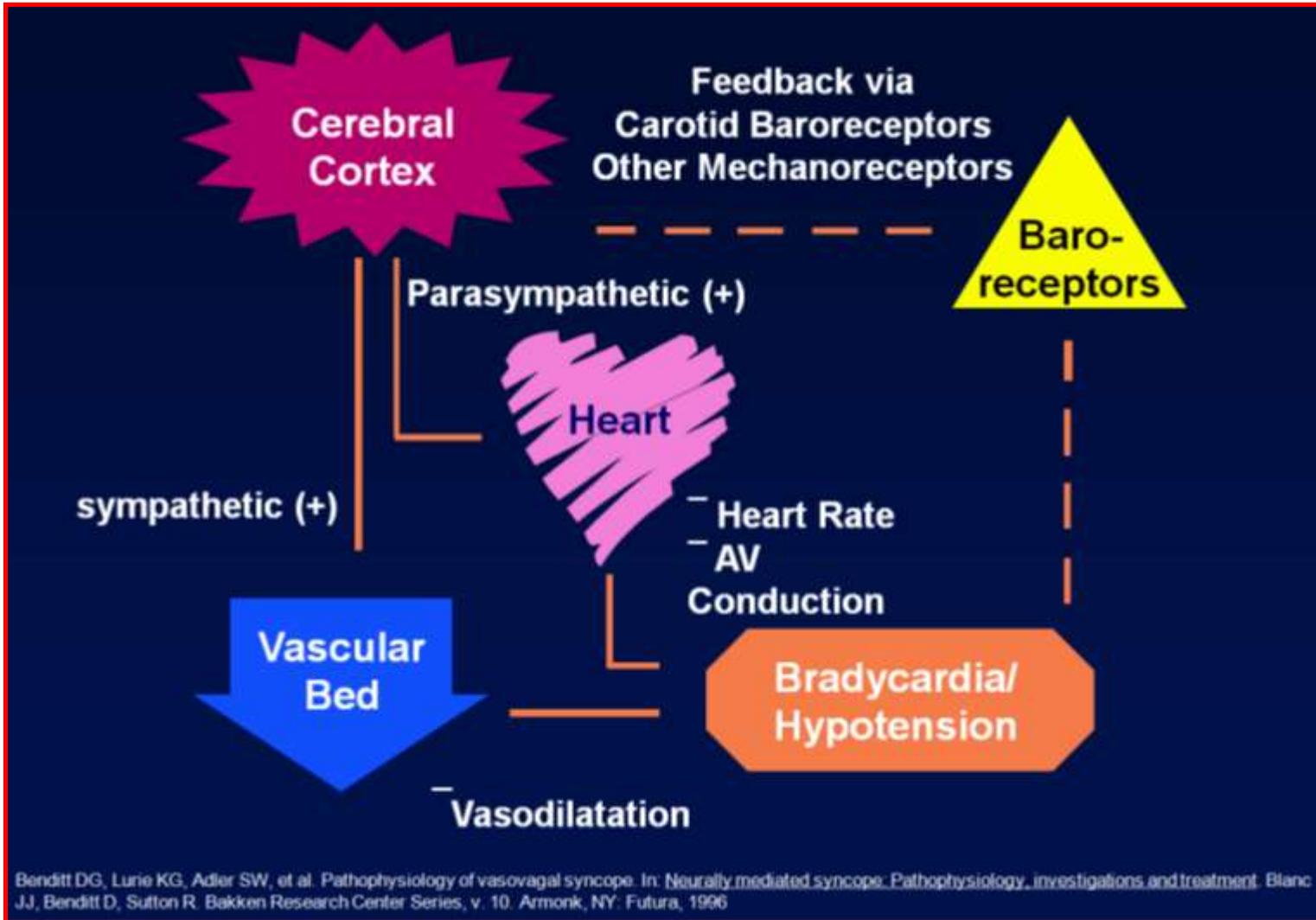


**Reduced cardiac output & hypotension**



**Cerebral ischemia – loss of consciousness**

# Syncopal Reaction



# Presyncopal - Early signs & symptoms

- ❖ Feeling of warmth
- ❖ Loss of skin color, pale
- ❖ Heavy perspiration
- ❖ Nausea
- ❖ “Feel bad”, “feel faint”
- ❖ Tachycardia (↑ pulse)

# Presyncopal - Late signs & symptoms

- ❖ Pupils dilation
- ❖ Yawning
- ❖ Rapid respirations
- ❖ Cold hands and feet
- ❖ Hypotension
- ❖ Bradycardia ( ↓ pulse)

# Syncopal Management

Assess level of consciousness



Position supine, feet elevated



Assess Circulation, Airway, Breathing

Provide CPR if needed



Activate EMS if recovery is not immediate



Administer oxygen

**15 – 20 sec**

Diagnosis correct ?



Monitor vital signs



# Syncope Management

Definitive management



Aromatic ammonia inhalants

Cold towel on face

Stimulate patient



(Post-syncopal recovery)

(Delayed recovery)

Postpone dental treatment ?

Activate EMS



Escort for patient

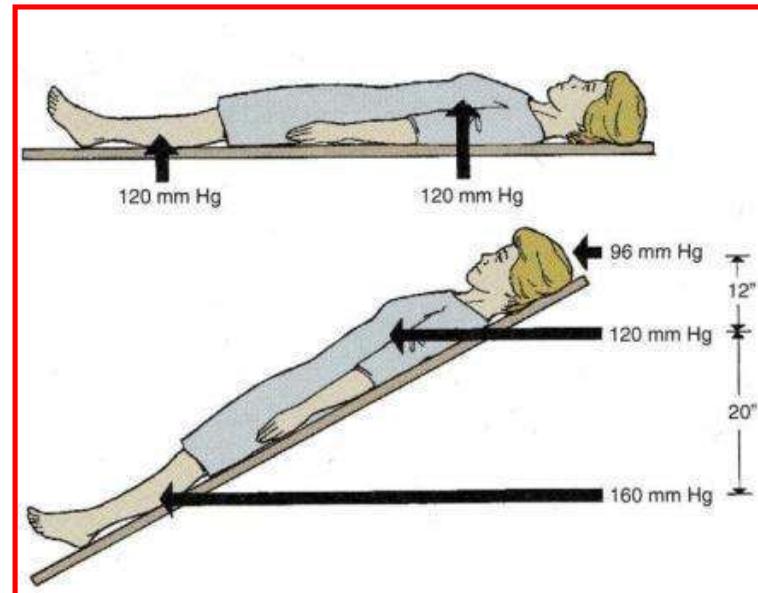
Patient to hospital



# **Unconsciousness**

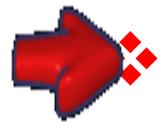
# **Postural Hypotension**

# Postural Hypotension



# Postural Hypotension

## Predisposing factors



- Drug administration**
- ❖ Prolonged recumbency**
- ❖ Inadequate postural reflex**
- ❖ Pregnancy**
- ❖ Addison's disease**

# Postural Hypotension

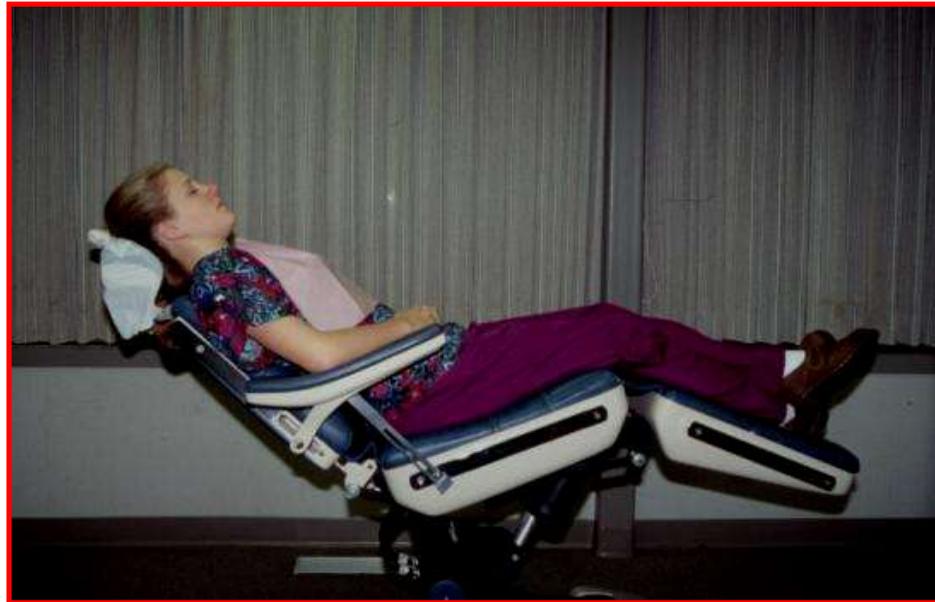
## Drugs causing postural hypotension

- ❖ Antianginals
- ❖ Antipsychotics
- ❖ Antiarrhythmics
- ❖ Beta-blockers
- ❖ Antidepressants
- ❖ Diuretics
- ❖ Antihistamines
- ❖ Phenothiazines
- ❖ Antihypertensives
- ❖ Tranquilizers



# Prevention of Postural Hypotension

- ❖ **PMH: medications, fainting Hx**
- ❖ **Slowly discharge from supine**



# **Respiratory Emergencies**

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# Respiratory Distress

## Potential Causes

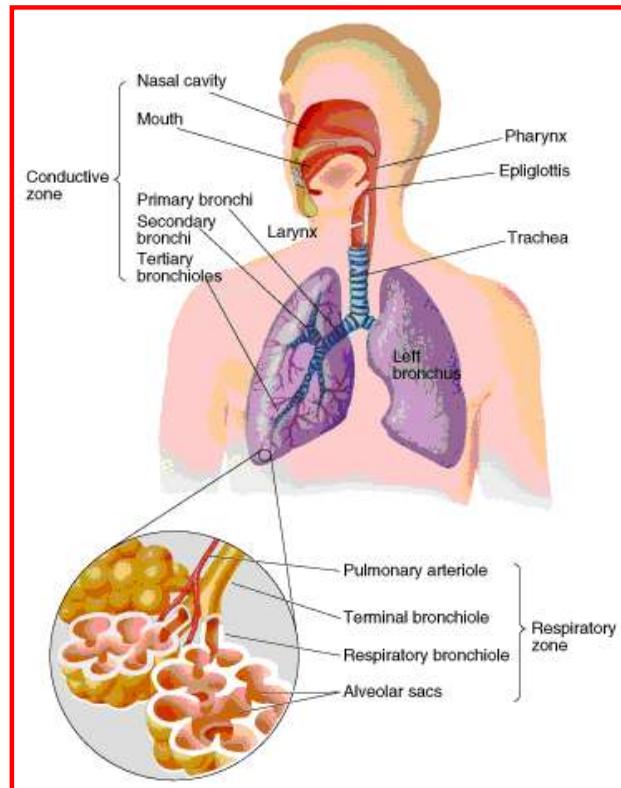
Hyperventilation

Syncope

Asthma

Heart Failure

Hypoglycemia



Acute MI

Anaphylaxis

Angioedema

Stroke

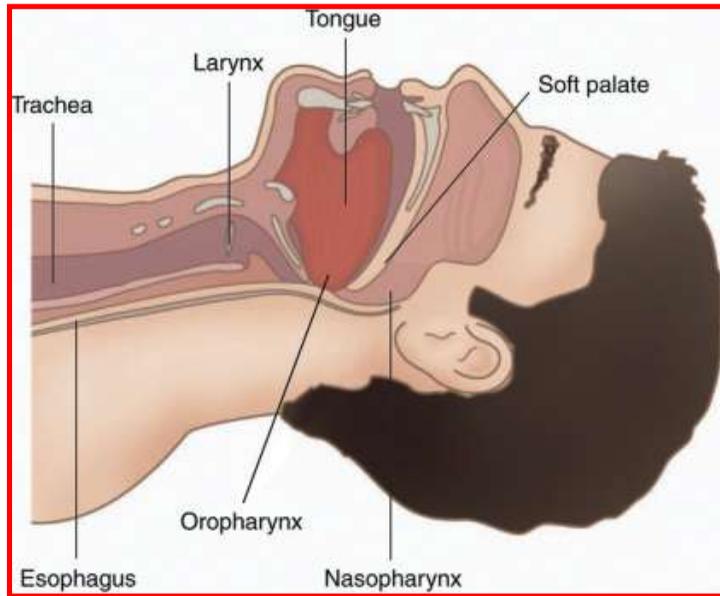
Epilepsy

# **Respiratory Emergencies**

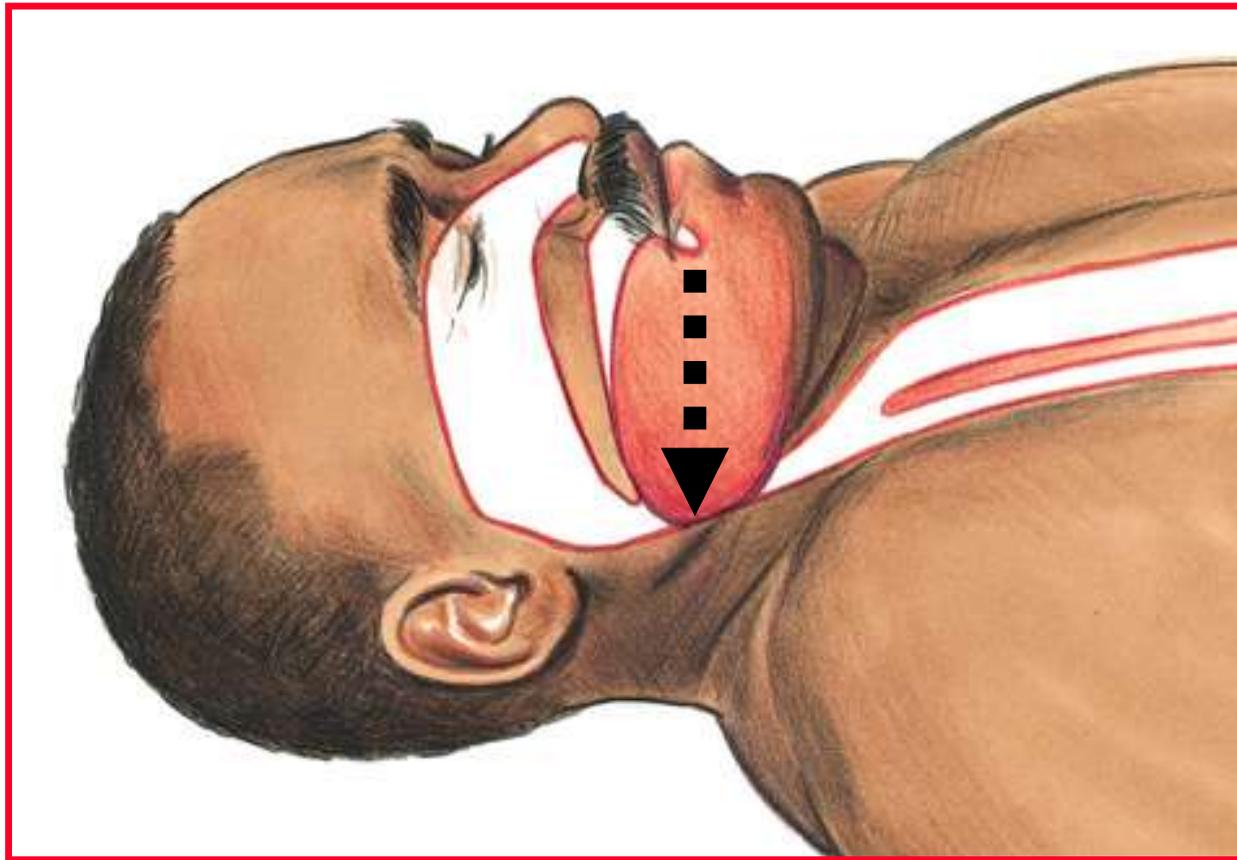
# **Airway Obstruction**

# Airway Obstruction

## Relaxed Tongue Blocks Airway



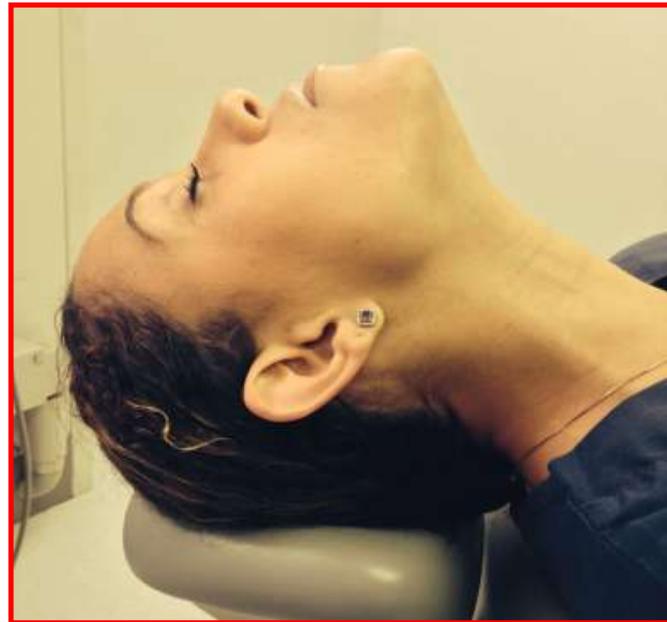
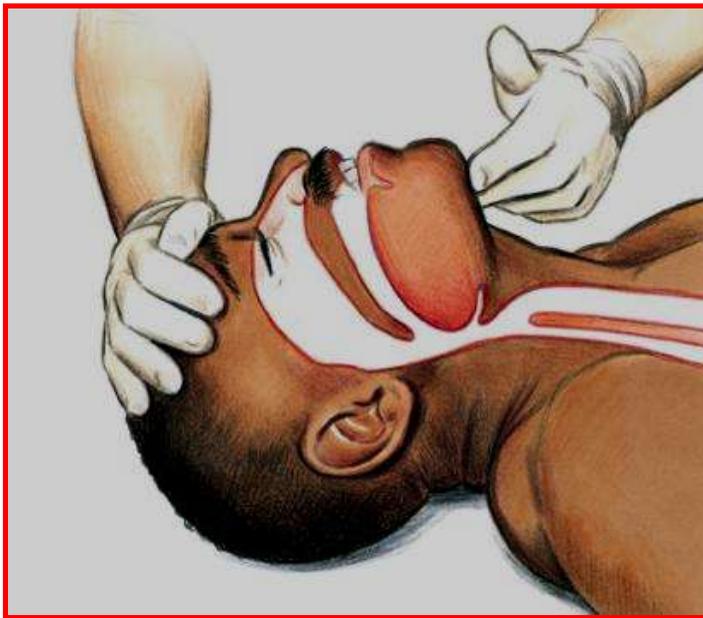
# Airway Obstruction



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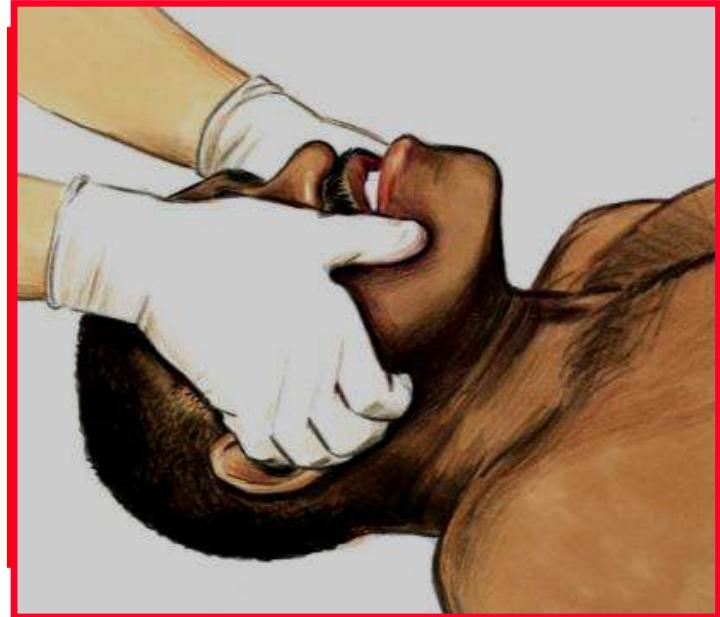
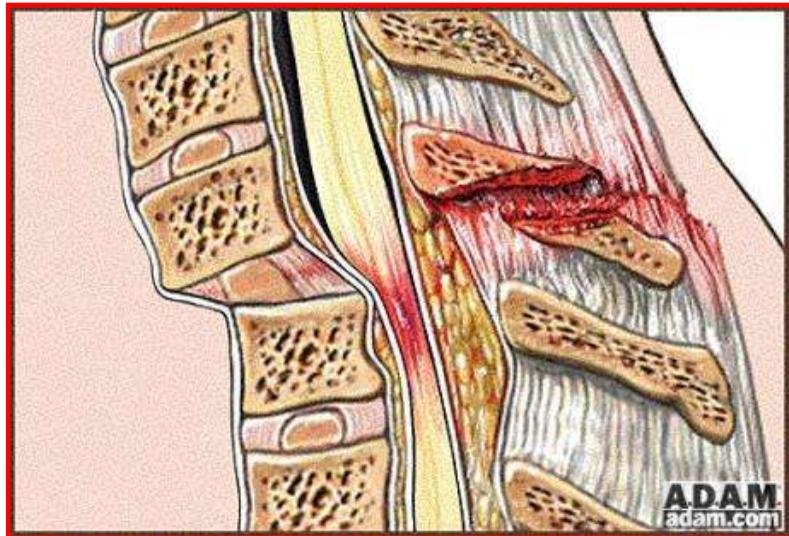
# Opening the Airway

## Head Tilt – Chin Lift



# Opening the Airway

## Jaw Thrust



# The Lost Tooth



# The Lost Tooth

## Aspirated Object

- ❖ Cough, wheeze, choking,  
shortness of breath
- ❖ Symptoms present within one  
hour 90% of the time
- ❖ Symptoms may be delayed up to  
six hours

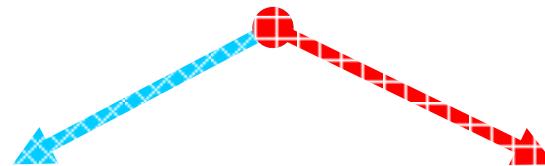
# Management of Possible Aspiration

Place patient in left lateral decubitus position

Head tilted down over edge of chair



Encourage patient to cough



Object is retrieved



Consult physician or  
pulmonologist

Post-aspiration complications ?

Object not retrieved



Transport to E.R.

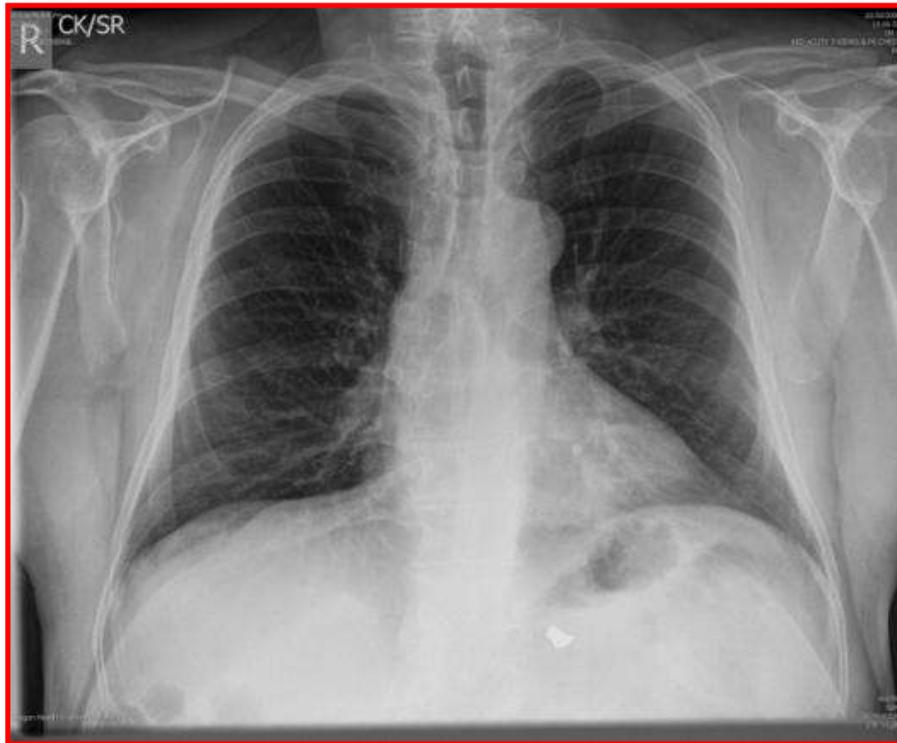


Flat plate abdomen

Lateral and PA Chest X-rays

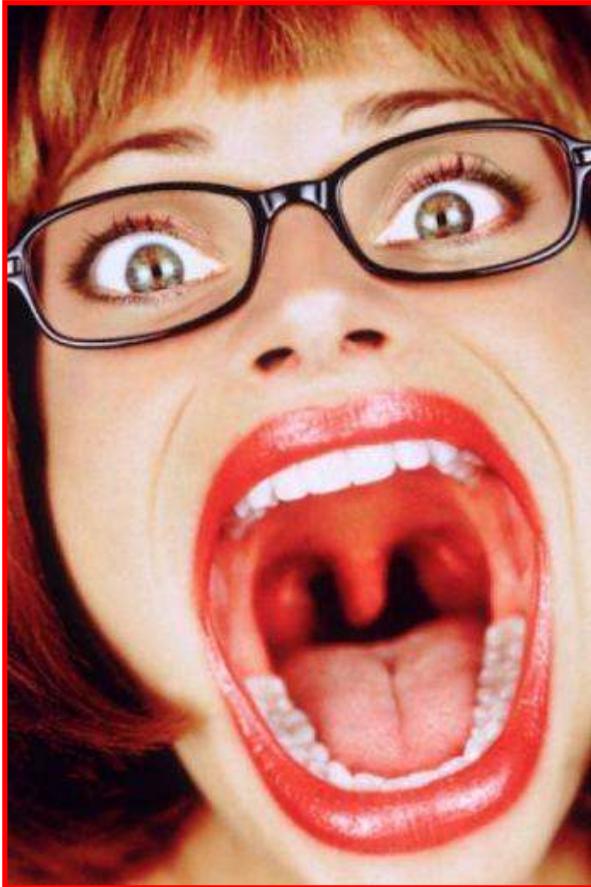
# The Lost Tooth

Swallowed object => Asymptomatic



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# Avoiding Aspiration



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# Swallowed Object

Swallowed object . . . . But did it pass?

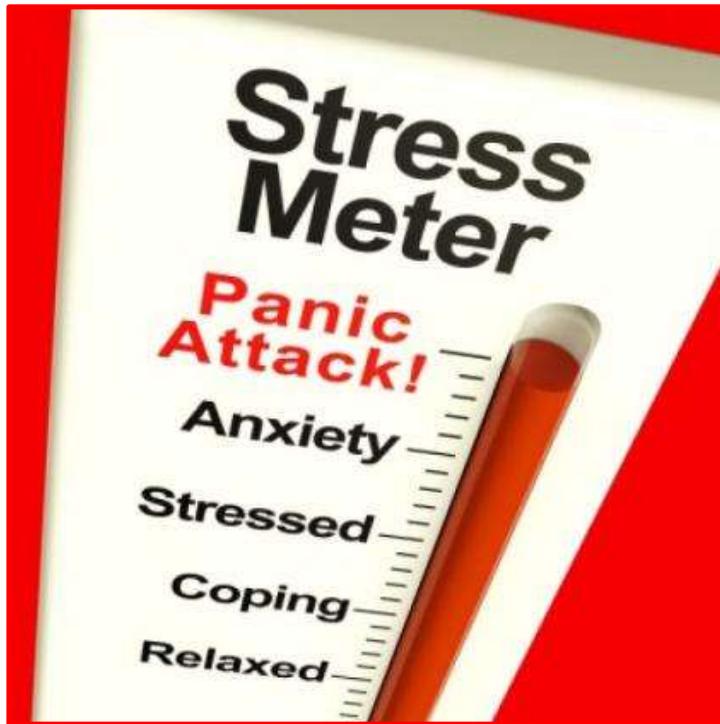


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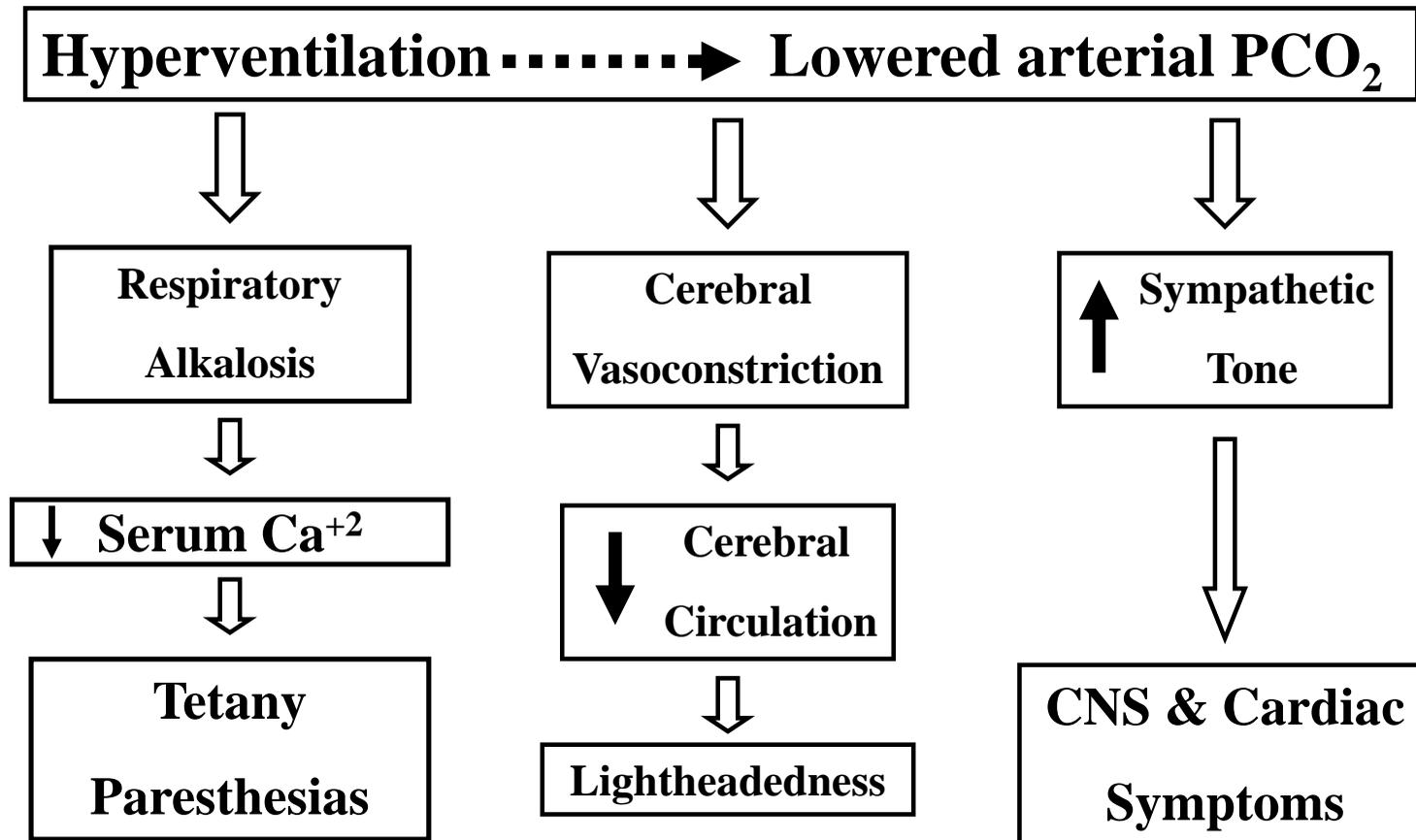
# **Respiratory Emergencies**

# **Hyperventilation**

# Hyperventilation

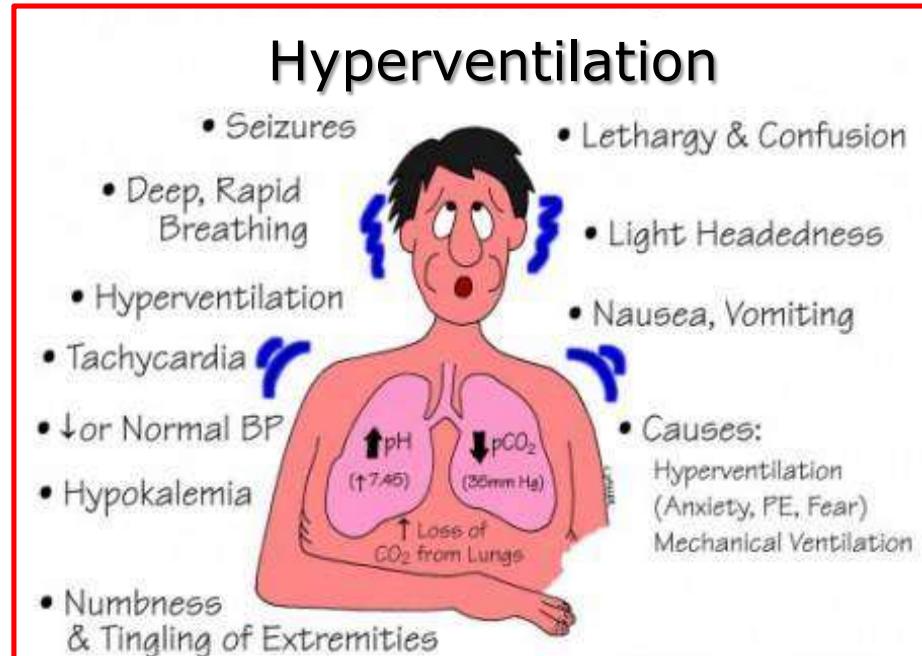


# Hyperventilation - Pathophysiology



# Hyperventilation - Manifestations

- ❖ Anxious patient
- ❖ Shortness of breath
- ❖ Palpitations
- ❖ Tachycardia
- ❖ Lightheadedness
- ❖ Circumoral paresthesia
- ❖ Carpopedal tetany



# Hyperventilation - Management

Position patient comfortably (upright)



C – A – B – BLS as needed



Remove dental materials from patient's mouth

Calm patient

Correct respiratory alkalosis



Drug management if needed – Versed, Valium



Complete treatment, discharge

# Respiratory Emergencies

# Asthma



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September 28, 2015

# Asthma

**Asthma: How Much?**  
(in the U.S.)



Same as the entire population of Texas

**27.5 Million People with Asthma**

**15 Million** office and hospital visits each year  
15 million visits = 15,000,000 visits

15 Million little grains of rice would weigh nearly 1,000 pounds!

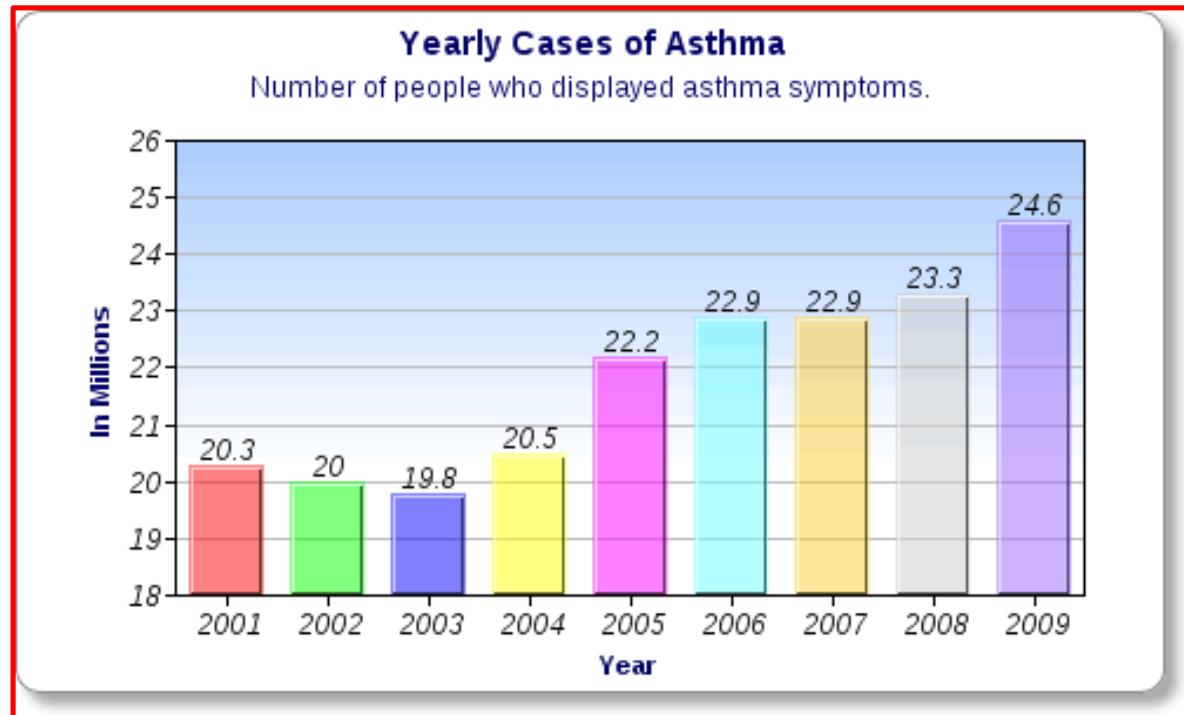
**10.5 Million missed school days EACH YEAR**  
**THE EQUIVALENT OF 28,787 YEARS**



20,000 Years Ago      10,000      Today

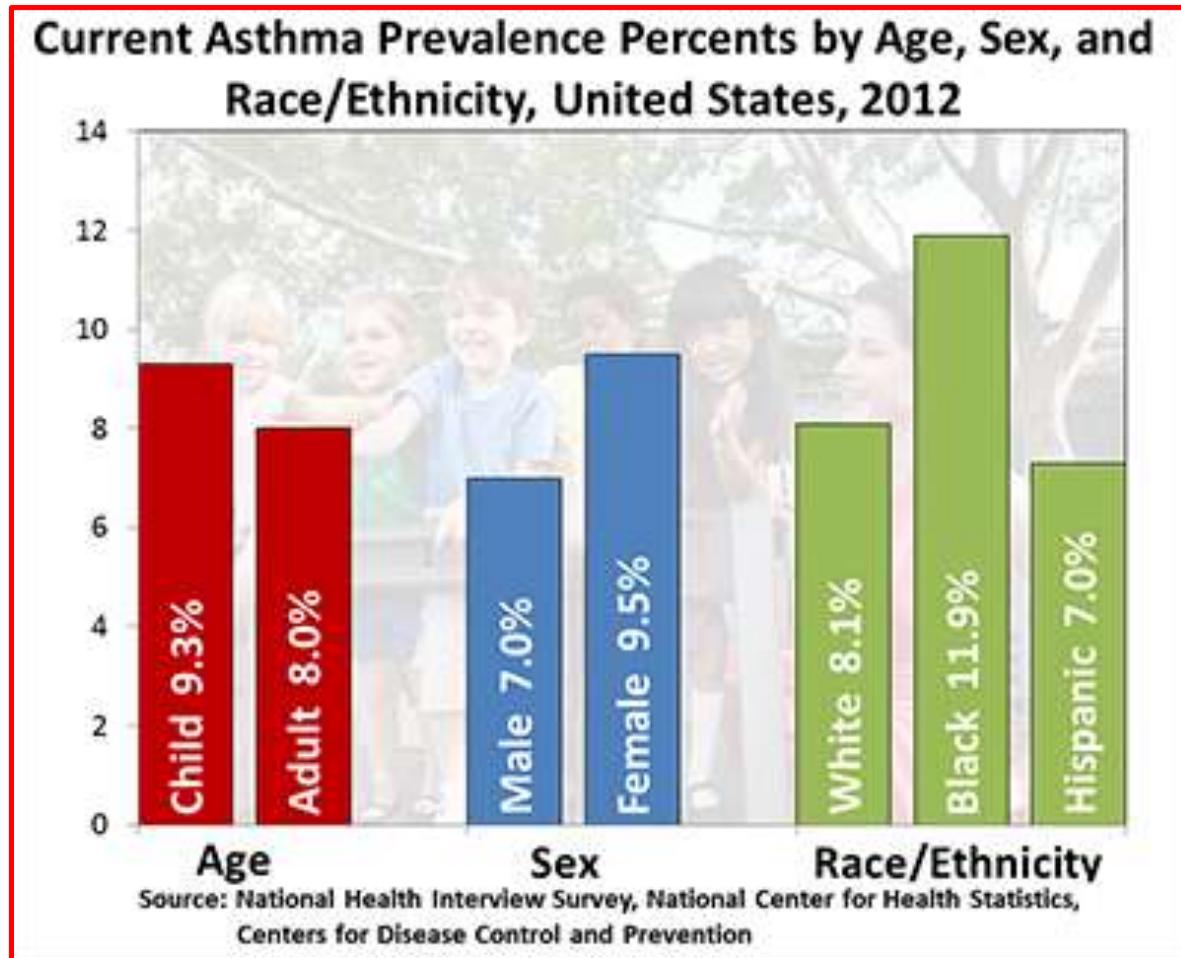
**EACH MISSED SCHOOL DAY COSTS THE AVERAGE FAMILY \$172**  
(Missed parent work days/pay)

**85% of patients can bring their asthma under control** with careful education and supervision



[www.copewithasthma.com](http://www.copewithasthma.com)

# Asthma



CDC – National Center for Health Statistics

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# Asthma - Pathophysiology



# Asthma - Pathophysiology

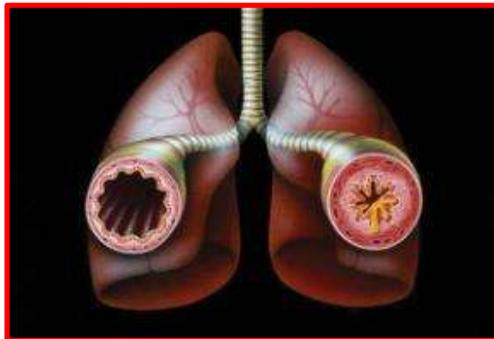
Hyperactivity of tracheobronchial tree



Bronchial smooth muscle contraction

Bronchial wall edema

Mucus hypersecretion



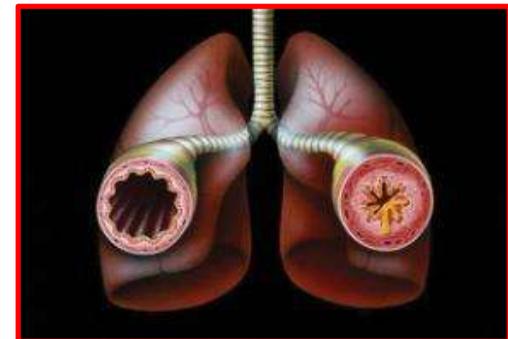
Narrowed airways



Wheezing

Shortness of breath

Coughing



# Asthma

## Medical Management of Asthma

**Allergy & Asthma Network**  
Mothers of Asthmatics  
breatherville.org • 800.878.4403

### Asthma Inhalers

Sixth Edition • 2007

☑ = includes built-in dose counter

#### Inhaled Bronchodilators

inhaled bronchodilators relax tight airways (bronchoconstriction). Bronchodilators limit the spasm part of asthma, reducing, relieving, clearing and loosening of breath.

**Short-Acting Inhaled Bronchodilators (3-6 hours)**

- Albuterol (generic) albuterol sulfate
- Alupent metoprolol sulfate
- Atrovent HFA ipratropium bromide
- Combivent ipratropium bromide and albuterol sulfate
- Maxair Autohaler pirfenidone aerosol
- ProAir HFA albuterol sulfate
- Proventil HFA albuterol sulfate
- Ventolin HFA albuterol sulfate
- Xopenex HFA levalbuterol tartrate

**Long-Acting Inhaled Bronchodilators (12-hour)**

- Foradil Aerolizer formoterol fumarate dihydrate inhaler powder
- Serevent Diskus vilanterol inhaler powder

#### Inhaled Anti-Inflammatories

inhaled corticosteroids and other anti-inflammatories reduce and prevent airway inflammation (swelling). Used daily, anti-inflammatories treat the underlying part of asthma that you may not feel or see.

- Flovent HFA 44 mcg, 110 mcg, 220 mcg (beclomethasone dipropionate HFA)
- Flovent Diskus 50 mcg (fluticasone propionate)
- Asmacort manitolol acetate
- Asmanex Twisthaler 220 mcg (mometasone furoate inhalation powder)
- Intal cromolyn sodium
- Pulmicort Flexhaler 90 mcg, 180 mcg (budesonide inhalation powder)

#### Combination Medications

Combination medications contain both long-acting bronchodilator and inhaled corticosteroid components.

- Aerobid, Aerobid-M budesonide
- Advair Diskus 100/50, 250/50, 500/50 (salmeterol propionate and fluticasone inhalation powder)
- Advair HFA 45/21, 115/21, 230/21 (salmeterol inhaler and fluticasone)
- Symbicort HFA 80/4.5, 160/4.5 (budesonide and formoterol fumarate dihydrate)
- QVAR HFA 40 mcg, 80 mcg (beclomethasone dipropionate)

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# Asthma - Signs & Symptoms

- ❖ Chest congestion/tightness
- ❖ Cough, wheezing, SOB
- ❖ Anxiety or agitation
- ❖ Increased respiratory rate
- ❖ Increased heart rate
- ❖ Pt wants to sit or stand up
- ❖ Use of accessory muscles



# Asthma

## Indicators of a Severe Attack

- ❖  $\text{SaO}_2$  (pulse oximeter) is below 91%
- ❖ Bronchodilator doesn't improve Sx after two treatments
- ❖ Patient has difficulty speaking
  - ❖ Sentences < phrases < words < mute
- ❖ Patient is struggling for air

