

# Celiac Educational Resources

Client Name \_\_\_\_\_ Date \_\_\_\_\_

Dietitian / Dietetic Technician \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

## National Support Groups

Celiac Disease Foundation  
13251 Ventura Blvd., Suite 1  
Studio City, CA 91604  
Phone: 818-990-2354  
Web site: <http://www.celiac.org/>

The Gluten Intolerance Group of North America  
15110 10th Ave SW, Suite A  
Seattle, WA 98166  
Phone: 206-246-6652  
Web site: <http://www.gluten.net/>

Celiac Sprue Association  
P.O. Box 31700  
Omaha, NE 68131  
Phone: 402-558-0600  
Web site: <http://www.csaceliacs.org/>

## Magazines

*Gluten-Free Living*: A magazine for people with celiac disease  
Ann Whelan, Editor/Publisher  
560 Warburton Avenue, 2nd floor  
Hastings-on-Hudson, NY 10706  
Phone: 914-772-0160  
Web site: <http://www.glutenfreeliving.com/>

*Living Without*: A magazine for people with food allergies, intolerances, and sensitivities, including celiac disease  
Peggy A. Wagener, President/Publisher  
800 Connecticut Avenue  
Norwalk, CT 06854  
Web site: <http://www.livingwithout.com/>

## Web sites

<http://www.celiac.com/>

Celiac Disease and Gluten-Free Diet Support Page. This Web site contains information on a variety of issues pertaining to celiac disease.

<http://www.eatright.org/>

American Dietetic Association. This Web site contains a searchable database for nutrition-related topics.

<http://www.glutenfreedrugs.com/>

Gluten-Free Drugs. This Web site contains listings of gluten-free medications alphabetically and by therapeutic category.

<http://consensus.nih.gov/2004/2004CeliacDisease118html.htm>

National Institutes of Health (NIH) Consensus Development Conference Statement on Celiac Disease. This Web site contains the entire statement from the NIH consensus conference on celiac disease.

## Books

Thompson, Tricia. *Celiac Disease Nutrition Guide*. Chicago IL: American Dietetic Association; 2006. Available from the ADA. Phone: 312-899-5000; Web site: <http://www.eatright.org/>.

Thompson, Tricia. *The Gluten-Free Nutrition Guide*. New York: McGraw-Hill; 2008

Green P, Jones R. *Celiac Disease: A Hidden Epidemic*. New York: Collins; 2006.

Adamson E, Thompson T. *The Complete Idiot's Guide to Gluten-Free Eating*. New York: Alpha Books; 2007

Ahern, Shauna James. *Gluten-Free Girl: How I Found the Food that Loves Me Back...And How You Can Too*. Hoboken, NJ: Wiley Publishing; 2007

Case, Shelley. *Gluten-Free Diet: A Comprehensive Resource Guide*. Rev ed. Regina, Saskatchewan, Canada: Case Nutrition Consulting; 2006.

Korn, Danna. *Living Gluten-Free for Dummies*. Hoboken, NJ: Wiley Publishing; 2006.

*The Essential Gluten-Free Restaurant Guide*, second edition. Arlington, VA: Triumph Dining; 2007.

Bowler SL, Sharrett MK, Plogsted S. *Celiac Disease: A Guide to Living with Gluten Intolerance*. New York: Demos Medical Publishing; 2006.

## **Celiac Disease and Pharmaceuticals**

Clan Thompson. *Celiac Pocket Guide to Over the Counter Drugs*, 2007. Available at: <http://www.clanthompson.com/>.

Clan Thompson. *Celiac Pocket Guide to Prescription Drugs*, 2008. Available at: <http://www.clanthompson.com/>.

## **Celiac Disease and Religious Issues**

Shemura Oat Matzos  
Rabbi E. Kestenbaum  
22 Eagle Lodge, Golders Green  
London NW 11 8BD, England  
Web site: [www.ubaccess.com/oatmatzos.html](http://www.ubaccess.com/oatmatzos.html)  
Phone: + 44 208 455 9476

Low-Gluten Communion Wafers  
Congregation of Benedictine Sisters of Perpetual Adoration, Altar Breads  
Department  
31970 State Highway P  
Clyde, MO 64432.  
Phone: 800-223-2772  
Web site: <http://www.benedictinesisters.org/>.