

DINNER

OUR kitchen serves DINNER 4 - right up to 10pm (9pm Sunday)
 HAPPY HOUR 3-5pm & 8pm-Close ~ BREAKFAST & LUNCH 9am-3pm
 reservations are nice, but not always necessary
 250-383-1545

TO START

OYSTERS

1/2 DOZEN 22 DOZEN 40

FRESH SHUCKED LOCAL OYSTERS, LEMON, HORSERADISH & HOT SAUCE

MUSSELS or CLAMS 23 (depending on availability)

3/4 LBS OF LOCAL MUSSELS or CLAMS STEAMED WITH WHITE WINE, GARLIC & PARSLEY

DUCK WINGS 18

ORANGE CORIANDER VINAIGRETTE, HOUSE MADE 'BREAD & BUTTER' PICKLES

DUNGENESS CRAB CAKES 22

LOCAL CRAB & BABY SHRIMP CAKES, CAPER REMOULADE, ORGANIC GREENS

BRIE & ROASTED GARLIC 15

WARM BRIE, CANDIED ALMONDS, FRUIT PRESERVE, ROASTED GARLIC & HOUSE CROSTINIS

MEDITERRANEAN OLIVES 9.5

MIXED MEDITERRANEAN OLIVES WITH HOUSE BREAD

FANCY FRIES 10

HAND-CUT KENNEBEC POTATOES TOPPED WITH SHAVED MANCHEGO CHEESE & TRUFFLE OIL

CLASSIC POUTINE

STARTER 15 LARGE 18

ADD: SHREDDED DUCK CONFIT, OR BACON & BLUE CHEESE +7

SOUPS & SALADS

FRENCH ONION

BOWL 15

RICH BEEF STOCK, GRUYERE CHEESE

NEW ENGLAND CHOWDER

CUP 10 BOWL 14

CREAMY CHOWDER WITH SCALLOPS & CLAMS

CHICKEN AVOCADO SALAD 26

LOCAL CHICKEN BREAST, AVOCADO, FREE-RUN EGG, TOMATO, CRUMBLED STILTON, GRAPE TOMATOES, ORGANIC GREENS, STILTON VINAIGRETTE

ORGANIC GREENS

STARTER 12 LARGE 17

GRANNY SMITH APPLE, RED GRAPES, TOASTED SEEDS, LOCAL BACON LARDONS, DIJON-SHALLOT VINAIGRETTE

CAESAR SALAD

STARTER 14 LARGE 19

CRISPY CAPERS, LOCAL BACON LARDONS, CROUTONS & SHAVED PARMESAN CHEESE, CLASSIC CAESAR VINAIGRETTE

WARM FRENCH LENTIL SALAD 23

LEMON, OLIVE OIL AND SPICES, ORGANIC ARUGULA, PICKLED BEETS, CHEVRE

ADD: CHICKEN BREAST OR DUNGENESS CRAB CAKE +9 FRESH LOCAL FISH market price

MAINS

N.Y. STEAK FRIES

6oz 35 | 8oz 43 | 10oz 50 | 12oz 60 | ADD VEGETABLES 7

CERTIFIED ANGUS STRIPOIN CUT TO ORDER, HAND CUT KENNEBEC FRIES & AIOLI, TOPPED WITH COMPOUND BUTTER

MOULES or CLAMS FRITES 30

LOCAL MUSSELS or CLAMS WITH WHITE WINE & GARLIC, HAND-CUT KENNEBEC FRIES & AIOLI

BEEF BURGUIGNON 29

CERTIFIED ANGUS BEEF IN A RICH RED WINE & TOMATO SAUCE

with MUSHROOMS, PEARL ONIONS, LOCAL BACON and PAPPARDELLE

WILD MUSHROOM LINGUINE 29

OYSTER & PORTABELLO MUSHROOMS in a WHITE WINE, GARLIC CREAM SAUCE,

FRESH LEMON, DILL & SHAVED PARMESAN CHEESE

ADD: LOCAL BACON LARDONS +6 or CHICKEN BREAST +9 or FRESH LOCAL FISH market price

WARM FRENCH LENTIL SALAD 23

LEMON, OLIVE OIL & SPICES, ORGANIC GREENS, PICKLED BEETS, CHEVRE

ADD: LOCAL CHICKEN BREAST OR DUNGENESS CRAB CAKE +9 OR FRESH LOCAL FISH market price

SEAFOOD BOUILLABAISSE 40

FRESH LOCAL FISH & B.C MANILA CLAMS in a BEAUTIFUL SAFFRON & TOMATO FISH BROTH

WITH FENNEL, LEEKS AND FINGERLING POTATOES

BURGERS & SANDWICHES

ALL COME WITH a CUP of DAILY SOUP OR HOUSE CUT FRIES

SUBSTITUTE: ORGANIC GREENS WITH DIJON-SHALLOT VINAIGRETTE +2

FANCY FRIES +3, CHOWDER +4, CAESAR SALAD +5 POUTINE +6

GRILLED REUBEN 23

HOUSE-CURED CERTIFIED ANGUS BEEF BRISKET, IPA BRAISED CABBAGE, MUSTARD AIOLI & GRUYERE CHEESE, IRENE'S MARBLE RYE

FATBOUY BURGER 22

B.C RANCHLANDS BEEF BURGER, CHIPOTLE ONION RELISH, AIOLI, LETTUCE & TOMATO ON A FRESH BAKED HERON ROCK BUN

LAMB BURGER 23

LOCAL LAMB, STILTON BLUE CHEESE, CHIPOTLE ONION RELISH, AIOLI, LETTUCE & TOMATO ON A FRESH BAKED HERON ROCK BUN

FRIED CHICKEN BURGER 22

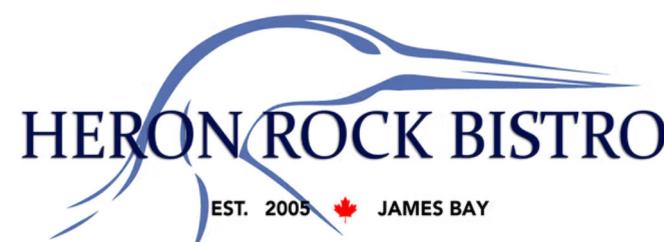
FRIED LOCAL CHICKEN, HOMEMADE 'BREAD & BUTTER' PICKLES, SPICY AIOLI & LETTUCE ON A FRESH BAKED HERON ROCK BUN

FALAFEL BURGER 20

HOUSE MADE CHICKPEA BURGER, PICKLED VEGETABLES, AIOLI, TAHINI, LETTUCE & TOMATO, FRESH BAKED HERON ROCK BUN

ADD: SAUTEED MUSHROOMS +2.5, SHARP CHEDDAR +2.5, LOCAL BACON +4, WORKS +6, BLUE CHEESE +3, GUACAMOLE +3, FRIED EGG +2.5, SUBSTITUTE GLUTEN FREE BUN +2.5

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HOURS :

Monday	9am - 10pm
Tuesday	9am - 10pm
Wednesday	9am - 10pm
Thursday	9am - 10pm
Friday	9am - 10pm
Saturday	9am - 10pm
Sunday	9am - 9pm

250-383-1545

4-435 SIMCOE STREET, VICTORIA BC

info@heronrockbistro.ca



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HAPPY HOUR

7 Days a Week

HAPPY HOUR ~3 - 5pm & 8 - 10pm
DINNER ~4-10pm (9pm Sunday)
BREAKFAST & LUNCH ~9am-3pm

FOOD

1/2 DOZEN OYSTERS 15
HOUSE CUT KENNEBEC FRIES 5
MEDITERRANEAN OLIVES 5
FALAFEL BURGER 10
FATBUOY BEEF BURGER 10
BRIE & ROASTED GARLIC 10
WARM FRENCH LENTIL SALAD 10
LOADED POTATO SKINS 10
CRISPY DUCK WINGS 12
BREAD PUDDING 8

BEVERAGES

9 BEERS ON TAP -\$6.75 20oz PINT -\$4.25 half pint

WINE 1 RED, 1 WHITE & 1 ROSE
6oz ~8.5 | 9oz ~12.5

SPIRITS & COCKTAILS

BEARFACE WHISKY SOUR ~10 (2oz)
APEROL SPRITZ ~9
KAMILA on the ROCKS ~10 (2oz)
STILLHEAD WILD BLACKBERRY VODKA or GIN 1oz
~5.5 2oz ~9.5
STILLHEAD RYE WHISKY 1oz ~5.5 2oz ~9.5

NON BOOZY HAPPY HOUR DRINKS

HEINEKEN 0 ~6.5
IOTA HAZY I.P.A ~5.75
DRY SIDE of the MOON ~7.5
TEMPERED SPRITZ ~7
LUFT BALLOON ~7
HIGH TEST TONIC ~7

 **HERON ROCK BISTRO**

BRUNCH 9AM - 3PM EVERYDAY

HAPPY HOUR 3-5pm & 8pm-close ~ Dinner 4-10pm (9pm Sunday)

WE HAVE A DEDICATED GLUTEN FREE FRYER and GLUTEN FREE TOAST AVAILABLE

BENEDICTS

Topped with 2 local free run poached eggs & hollandaise
served with fried potatoes & caramelized onions

FRIED CHICKEN & WAFFLE BENNY 26 | 1/2 16
BACON LARDONS, MAPLE SYRUP, BUTTERMILK FRIED CHICKEN, HOUSE MADE WAFFLE

B.L.T BENNY 22.5 | 1/2 14.5
ARUGULA, TOMATO & HOMEMADE BACON JAM

STILTON, BACON & MUSHROOM BENNY 24 | 1/2 14.5
ENGLISH BLUE CHEESE, BACON LARDONS, PORTABELLA & BUTTON MUSHROOMS

DUNGENESS CRAB & SHRIMP 24 | 1/2 14.5
DUNGENESS CRAB & BABY SHRIMP CAKE

SMOKED SALMON BENNY 23.5 | 1/2 14.5
LOCAL SMOKED SALMON from FINEST at SEA, LEMON HORSERADISH CREAM CHEESE, CRISPY CAPERS

TOMATO & GUACAMOLE 22 | 1/2 13.75
GRILLED TOMATO & HOUSE MADE GUACAMOLE

CLASSIC HAM EGGS BENNY 22 | 1/2 13.75
LOCAL HAM from 4 QUARTER'S MEATS in SYDNEY

CHEF'S CHOICE TRIPLE BENNY 26
YOU ORDER IT, CHEF DECIDES!
ADD:
Fried Potatoes with Caramelized Onions +6.5
Organic Greens with Apple, Red Grapes, Toasted Seeds & Dijon-Shallot Vinaigrette
Fresh Cut Fruit +6.5

CLASSICS

HOMEMADE FRENCH TOAST 19.5
HERON ROCK BREAD, 100% PURE CANADIAN MAPLE SYRUP, FRESH CUT FRUIT
ADD: 4 STRIPS OF LOCAL BACON OR 2 BRITISH BANGERS +8

BACON & EGG POUTINE ~REGULAR 17.5 ~LARGE 21
HOUSE CUT FRIES, CHEESE CURDS, HOUSE GRAVY & BACON LARDONS
TOPPED WITH 1 POACHED EGG

BLUE COLLAR 23
3 EGGS, LOCAL BACON, BRITISH BANGER, TOAST (sourdough, multigrain or marble rye) & FRIED POTATOES W/ CARAMELIZED ONIONS

GRILLED TOMATO 10.5
1 EGG, GRILLED TOMATO, TOAST & FRIED POTATOES

QUICK START 15.5
1 EGG, LOCAL BACON OR BRITISH BANGER, TOAST & FRIED POTATOES

CLASSIC BREAKFAST 19.5
2 EGGS, LOCAL BACON OR BRITISH BANGERS, TOAST & FRIED POTATOES

****GLUTEN FREE TOAST IS AVAILABLE +\$2.5**
***WE HAVE 1 DEDICATED GLUTEN FREE FRYER**

HASHES
ALL TOPPED WITH 2 FREE RUN POACHED EGGS & HOLLANDAISE

CORNED BEEF HASH 24
HOUSE-CURED CERTIFIED ANGUS BEEF BRISKET, IPA BRAISED CABBAGE, GRUYÈRE, FRIED POTATOES & CARAMELIZED ONIONS

PULLED PORK HASH 24

SLOW BRAISED PORK SHOULDER, FRIED POTATOES, CHIPOTLE ONION RELISH, HAVARTI & COLESLAW

ROASTED GARLIC & MUSHROOM

HASH (VEGETARIAN) 23

PORTABELLA & BUTTON MUSHROOMS, FRESH THYME, ARUGULA-BASIL PESTO
ROASTED RED ONIONS & RED PEPPERS, HAVARTI

HUEVOS HASH (VEGETARIAN) 23

BLACK BEANS, TOMATO, LITTLE QUALICUM FRESH CHEESE, GREEN ONIONS, FRIED POTATOES, CARAMELIZED ONIONS, MOJO SAUCE

ADD PORTOFINO TOAST +2.5

BREAKFAST SANDWICHES

FRESH BAKED BUN with an OVER MEDIUM EGG (SERVED A LA CARTE)

PULLED PORK 13

APPLE & ONION RELISH, SHARP CHEDDAR, PAPRIKA AIOLI

HAM & CHEESE 13

4 QUARTER'S HAM, GRUYERE, HAVARTI, GRAINY MUSTARD AIOLI

BRIE, PESTO & TOMATO 13

FRESH TOMATO, ARUGULA-BASIL PESTO, COMOX BRIE, AIOLI

SANDWICHES & BURGERS

GRILLED REUBEN 23

HOUSE-CURED BRISKET, IPA BRAISED CABBAGE, MUSTARD AIOLI & GRUYERE CHEESE ON MARBLE RYE

FATBOUY BEEF BURGER 22

B.C. RANCHLANDS BEEF BURGER, CHIPOTLE ONION RELISH, AIOLI, FRESH BAKED HERON ROCK BUN

LAMB BURGER 23

LOCAL LAMB, BLUE CHEESE, CHIPOTLE ONION RELISH, AIOLI

FRIED CHICKEN BURGER 22

FRIED LOCAL CHICKEN, HOMEMADE BREAD & BUTTER PICKLES, SPICY AIOLI

FALAFEL BURGER 20 (VEGETARIAN)

HOUSE MADE CHICKPEA BURGER, BREAD & BUTTER PICKLES, AIOLI, TAHINI, LETTUCE & TOMATO

ADD:

SAUTEED MUSHROOMS +2.5, SHARP CHEDDAR +2.5, LOCAL BACON +4

THE ABOVE ARE SERVED WITH DAILY SOUP OR HOUSE CUT FRIES

ORGANIC GREENS WITH DIJON-SHALLOT VINAIGRETTE +2

STARTERS, SOUPS & SALADS

NEW ENGLAND CHOWDER

CUP 10 BOWL 14

CREAM BASED WITH SCALLOPS & CLAMS

FRENCH ONION 15

RICH BEEF STOCK, GRUYERE CHEESE, HOUSE MADE CROSTINI

DAILY SOUP

CUP 8 BOWL 12

HOUSE CUT FRIES 7.5

with AIOLI

FANCY FRIES 10

HOUSE CUT FRIES TOSSED IN TRUFFLE OIL & MANCHEGO CHEESE

CLASSIC POUTINE

STARTER 15 LARGE 18

ADD:

SHREDDED DUCK CONFIT OR BACON LARDONS & BLUE CHEESE +7

DUCK WINGS 18

ORANGE CORIANDER VINAIGRETTE, HOUSE MADE BREAD & BUTTER PICKLES

DUNGENESS CRAB CAKES 22

LOCAL CRAB & BABY SHRIMP CAKES

SOUP, SALAD & FRESH BREAD 17

CUP OF DAILY SOUP, ORGANIC GREENS WITH DIJON-SHALLOT VINAIGRETTE, FRESH BAKED BREAD & BUTTER

HOUSE SALAD

STARTER 12 LARGE 17

ORGANIC GREENS, DIJON-SHALLOT VINAIGRETTE, BACON LARDONS, RED GRAPES, APPLE & TOASTED SEEDS

WARM FRENCH LENTIL SALAD 23

LEMON, OLIVE OIL & SPICES, ORGANIC ARUGULA, PICKLED BEETS & CHEVRE

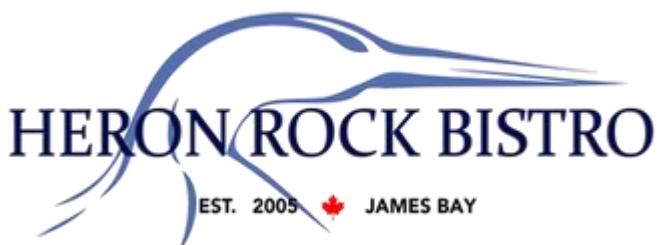
CAESAR SALAD

STARTER 14 LARGE 19

BACON LARDONS, FRIED CAPERS, HOUSE CROUTONS, FRESH SHAVED PARMESAN, CLASSIC CAESAR VINAIGRETTE

CHICKEN AVOCADO SALAD 25

LOCAL CHICKEN BREAST, AVOCADO, HARD BOILED EGG, TOMATO, CRUMBLED STILTON, ORGANIC GREENS, STILTON VINAIGRETTE

**HOURS :**

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